

Informational Call Thursday, April 2, 2009













Welcome & Introductions

Clinical Hubs

- New York State Academy of Family Physicians (NYSAFP)
 - Janet Lindner
 - Donna Denley
- New York Chapter, American College of Physicians (NYACP)
 - Meg McCarthy
- Community Health Care Association of New York State (CHCANYS)
 - Kathy Alexis
- Healthcare Association of New York State
 - Nancy Landor
- Call Participants





The NYS Diabetes Campaign & NCQA DPRP

Agenda

- 1. The New York State Diabetes Campaign
- 2. NCQA Diabetes Physician Recognition Program (DPRP)
- 3. Benefits of Participating in the NCQA DPRP
- 4. Seven Steps to DPRP Recognition
- 5. Eligibility for Participation: Physician and Patient
- 6. Next Steps for Participation
- 7. Questions and Answers





The New York State Diabetes Campaign: Reversing the Epidemic

- Sponsored by the New York State Health Foundation (NYSHealth) in partnership with the Institute for Family Health
- A five year, \$35 million initiative designed to reverse the diabetes epidemic in New York State by improving clinical care, mobilizing communities, and promoting policy
- Leadership: Neil Calman, MD, CEO; Deborah Zahn, Deputy Director, NYS Diabetes Campaign & Sr. Policy Director, Diabetes Policy Center, NYS Health Foundation; Wanda Montalvo, RN, MSN, ANP, Director of Clinical Practice Enhancement, NYS Diabetes Campaign
- NYACP, NYSAFP, CHCANYS & HANYS: clinical "hubs" to implement strategies that enhance diabetes care and outcomes through education, advocacy, and quality measurement
- The National Committee for Quality Assurance Diabetes Physician Recognition Program (NCQA DPRP) identified as an effective, evidence-based tool to assess and adopt standards to enhance diabetes care





The National Committee for Quality Assurance Diabetes Physician Recognition Program (NCQA DPRP)

- Co-Sponsored by the American Diabetes Association (ADA)
- Voluntary program for physicians and practices to receive recognition for quality diabetes care
- Assesses 7 key indicators:
 - HbA1c Control
 - Blood Pressure Control
 - LDL Control
 - Eye Examination
 - Foot Exam
 - Nephropathy Assessment
 - Smoking status and cessation advise or treatment
- Provides physicians with valuable information about their patients and their practice





Benefits of Participation

- Improve patient outcomes by adopting evidence-based practices
- Gain visibility among peers and the public on websites and through referrals
- Distinguish yourself as a leader in your community of practice
- Leverage NCQA DPRP data abstraction efforts to:
 - Complete the American Board of Internal Medicine (ABIM) Diabetes
 Practice Improvement Module (PIM) or the American Academy of Family
 Physicians METRIC module
 - Earn credit toward the American Board of Family Medicine (ABFM)
 Maintenance of Certification
 - Submit clinical quality data by NCQA to Centers for Medicare & Medicaid Services (CMS) for use in the Physician Quality Reporting Initiative (PQRI)





Benefits continued

- Receive external validation of your practice's hard work and dedication to providing quality diabetes care
- Recognized physicians and practices are publicized through the following:
 - NCQA website (<u>www.ncqa.org/dprp</u>)
 - ADA website (<u>www.diabetes.org</u>)
 - Diabetes National Call Center (1-800-DIABETES)
 - Health plan provider directories
 - NYS Diabetes Campaign website
 - Statewide summits sponsored by the Campaign





Benefits continued

Receive reimbursement enhancements for diabetes care with participating health plans

NY State Payers	NCQA DPRP	
Commercial Payers		
	Credit or Bonus	
Aetna	X	
Cigna	X	
CDPHP	X	
Emblem	×	
Empire BCBS/Wellpoint	×	
Excellus BCBS	No	
Health Net	X	
MVP Health care	x	
Oxford Health Plan	X	
United Health care	X	





Benefits: Resources and Support

- NCQA DPRP application fee paid for and application and submission materials provided by Hubs (\$80 material fee + an application fee ranging from \$360 \$2700)
- Small group and 1:1 technical assistance provided
- Regular conference calls planned to share information and provide support for your peers who are also participating
- Expert clinical advice available on addressing diabetes care standards
- Support offered to develop and implement an improvement plan, if necessary, to achieve DPRP recognition
- Movement toward policy changes that support primary care practice & quality diabetes care
- Participation in statewide peer-learning network dedicated to enhancing diabetes care in New York





DPRP: Seven Steps to Recognition

DPRP Step to Recognition	Milestone	
Review DPRP process: download materials and review NCQA standards/DPRP documentation requirements for core measures	NCQA application completed and signed by medical director/practice administrator, physician applicants selected for participation	
Select physicians for DPRP recognition process, complete application and sign agreement for participation.		
3. Define process for DPRP workbook submission: select start date, forward or backward sample, identify sample of eligible patients and enter data into DPRP Workbook	Initial DPRP Workbook(s) submitted to Clinical Hub/NCQA	
4. Complete initial DPRP workbook		
5. Review DPRP workbook results: identify performance gaps and complete DPRP improvement plan OR submit successful DPRP Workbook to Clinical Hub (and NCQA) for Recognition	Improvement plan implemented on targeted NCQA indicators	
6. Practice/physician(s) implement improvement plan and regularly participate in technical assistance activities		
7. Complete sampling and data entry for DPRP Workbook and re-submit to Clinical Hub (and NCQA for passing scores)	DPRP Workbook(s) re-submitted to Clinical Hub/NCQA	





Eligibility for Participation: Physician

- An individual physician or a physician group
- To be eligible, applicants must:
 - Be licensed as a doctor of medicine (MD) or doctor of osteopathy (DO)
 - Provide continuing care for people with diabetes
 - Have had face-to-face contact with and submit data on a sample of patients with diabetes





Eligibility for Participation: Patient

- 1. Adult 18 to 75 years of age
- 2. Has had a diagnosis of diabetes and/or notation of prescribed insulin or oral hypoglycemics/antihyperglycemics for at least 12 months
- 3. Has been under the care of the applicant physician or physician group for at least 12 months





Sample Size Requirements

Number of Physicians	Sample Size	
1		
2	50	
3	75	
4	100	
5	125	
6	150	
7	175	
8	200	
9 +	200	





Next Steps for Participation:

Selecting Individuals vs. Practice Level Recognition

- 1. Define interest and opportunity for participation
- 2. Review the physician sampling requirements for selected physician/practice participants
- 3. Identify resources for data abstraction, workbook completion, (dedicated staff, individual physicians, other)
- 4. Determine your preference/capacity for completing a practice level sample in one workbook vs. individual workbooks for multiple physicians





Scoring Measures

Scored Measures	Threshold	Weight
(%	% of patients in sample)	
HbA1c Control <7.0%	40%	10.0
HbA1c Poor Control >9.0 %	≤15%	15.0
Blood Pressure Control >140/90 mm Hg	≤35%	15.0
Blood Pressure Control <130/80 mm Hg		10.0
LDL Control >130 mg/dl	≤37%	10.0
LDL Control <100 mg/dl	36%	10.0
Eye Examination	60%	10.0
Foot Examination	80%	5.0
Nephropathy Assessment	80%	5.0
Smoking Status and Cessation Advice Treatment	or 80%	10.0

Total Points = 100.0
Points to Achieve Recognition = 75.0





Next Steps: Improvement Opportunities

- Some practices do not meet the standards for Recognition right away
- Assistance from clinical hubs and the Campaign is available to:
 - Analyze results for baseline performance grid
 - Identify opportunities for improvement
 - Develop a customized Improvement Workplan (define aim for improvement, select strategies, and identify team responsible for implementation





What Happens Next?

- 1. Demonstration of Commitment Submit signed materials to hub by April 15
 - DPRP Application (individual physicians or practice)
 - DPRP Agreement/Business Associate Addendum
- 2. Support and Training Opportunities
 - Clinical hub DPRP training webinar Wed, April 22
 @ 8:00 AM
 - NCQA training calls offered monthly
 - 1:1 clinical hub support/training as needed





Contact Your Clinical Hub to Get Involved Today!



Kathy Alexis

(212) 710-3817

kalexis@chcanys.org



Janet Lindner

(518) 489-8945

janet@nysafp.org



Meg McCarthy

(518) 427-0366

mmccarthy@nyacp.org



Nancy Landor

(518) 431-7685

nlandor@hanys.org





Questions?



