

Hudson River HealthCare, Inc.

## BLOOD PRESSURE MEASUREMENT OBSERVER EXAM Pre -Test

Employee Name/ Title: _	
Date:	
Trainer Name:	 

Please answer the questions below regarding accurate blood pressure measurement. There will then be a review of Blood Pressure techniques, instruction/lecture and a film. Afterwards you will take the posttest.

- 1. List 3 variables that affect Blood Pressure measurement.
- 2. How long after the patient comes into the exam room should you wait before doing the Blood Pressure measurement?
- 3. What position should a patient be in when taking a Blood Pressure measurement?
- 4. Which arm is used for Blood Pressure measurement?
- 5. Which cuff should be used when measuring blood pressure?
- 6. What position must the patient's arm be in when measuring Blood pressure?
- 7. What part of the stethoscope is best used for Blood Pressure measurement?
- 8. Where does the observer place the stethoscope to measure Blood Pressure?
- 9. What number does the observer start at for Blood Pressure measurement?
- 10. What two sounds is the observer listening for?