Celebrate Health At Port Chester Fest

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Port Chester, NY - On Saturday, August 4 Open Door Family Medical Centers will join forces with the Port Chester / Rye Brook / Town of Rye Council of Community Services to combine their annual Health Fair celebrating National Health Center Week with the annual Port Chester Fest.

Utilizing art and music and promoting good health is a powerful and exciting way to celebrate the diversity, culture and wellness of Port Chester as the community joins together in celebration. Port Chester Fest also provides an excellent opportunity to link people with the wide range of community resources that are available.

Port Chester Fest will take place from 10am-6pm outside of Open Door on Purdy Street between Church Street and Don Bosco Place. Admission to Port Chester Fest is Free.

While there are countless reasons to celebrate America's Health Centers, like Open Door, among the most important and unique is their long success in providing access to affordable, high quality, cost effective health care to medically vulnerable and underserved people throughout the United States. This year Open Door will join the Port Chester Fest celebration to provide education and screenings on a variety of health concerns including skin safety, nutrition, body mass index (BMI), blood pressure, HIV, optometry, and reproductive health, from 10am-3pm. In addition the now larger Fest, one of the most widely anticipated local events of the year, will showcases musicians and performers representing many cultures including Brazilian, Jazz, Bolivian, Polish, African, and Mexican.

Fun-filled, creative workshops for families will include: the Clay Art Center; Face Painting with Miguel Cossio; Community Art with Tova Snyder; Westchester Children's Museum; Rye Arts Center; ArtsWestchester Workshop; and Printmaking with Nowodworksi. In addition, there will be performances by local artists, poets, and musicians and delicious international foods and vendors offering a wide range of tasty treats.

At noon Open Door will present Congresswoman Nita Lowey with a Community Appreciation Award in recognition of her ongoing commitment to the wellbeing of the Port Chester community. The ceremony will be held at the Show Mobile located in the Stop & Shop parking lot along Purdy Avenue.

For more information about Port Chester Fest call 914-939-8055 or visit www.portchesterfest.org. For information about Open Door Family Medical Centers call (914) 502-1339 or visit www.opendoormedical.org.