The Human Factor of Clinical Decision Support

Implementing Behavior Change as we Implement the Tools

What is CDS (Clinical Decision Support)

"Clinical decision support (CDS) provides clinicians, staff, patients or other individuals with knowledge and person-specific information, intelligently filtered or presented at appropriate times, to enhance health and health care." AMIA, A Roadmap for National Action on Clinical Decision Support, June 13, 2006.

The Value of CDS

- EMRs, P4P, Healthcare IT, every stakeholder in the healthcare industry is going to be affected by this technology.
- Clinical decision Support (CDS) tools are the critical piece required to generate the required return on investment.
- □ Without CDS EMR systems are not much more than fancy PDAs. Recent studies have shown that up to 80% of the potential benefit of deploying an EMR system will come from CDS capabilities. CDS capabilities, even in the absence of EMRs have been shown to reduce hospitalizations by 20%.

Goal and Aims of CDS

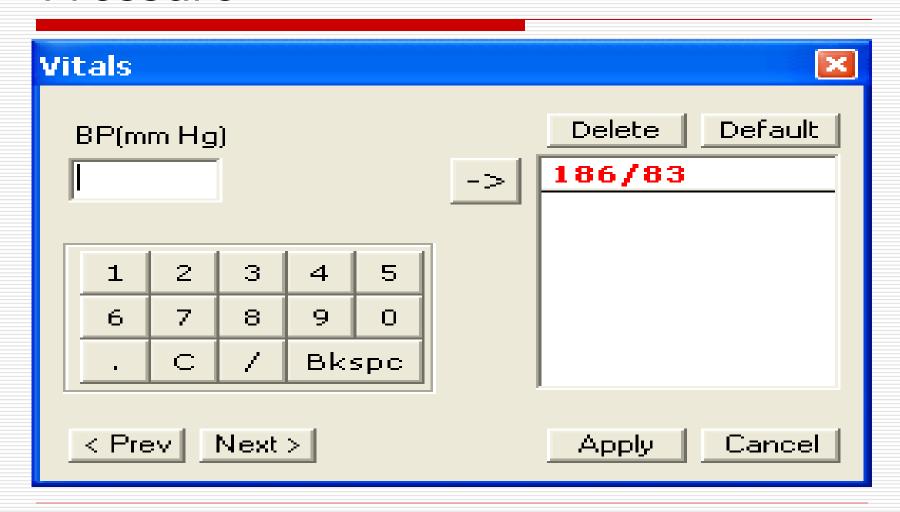
- To bring relevant knowledge to bear on the health care and well being of a patient or a population of patients.
- 1. To make data about the patient easier to access or more apparent to a provider.
- 2. To foster optimal problem solving, decision making and action by a provider

"Clinical Decision Support-The Road Ahead" edited by Robert Greenes

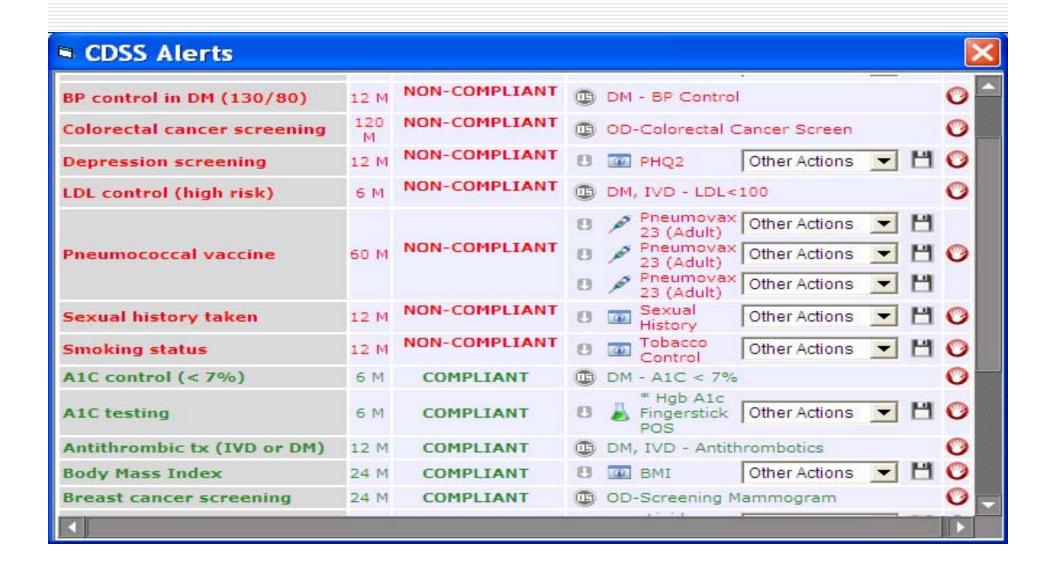
Types of CDSS

- Pop up's in the EMR-
 - Example out of range vital signs
- Templates
 - Structured data collection
- Order sets
 - Recommend treatment of specific conditions
- Alerts
 - Based on preventive guidelines and medical history

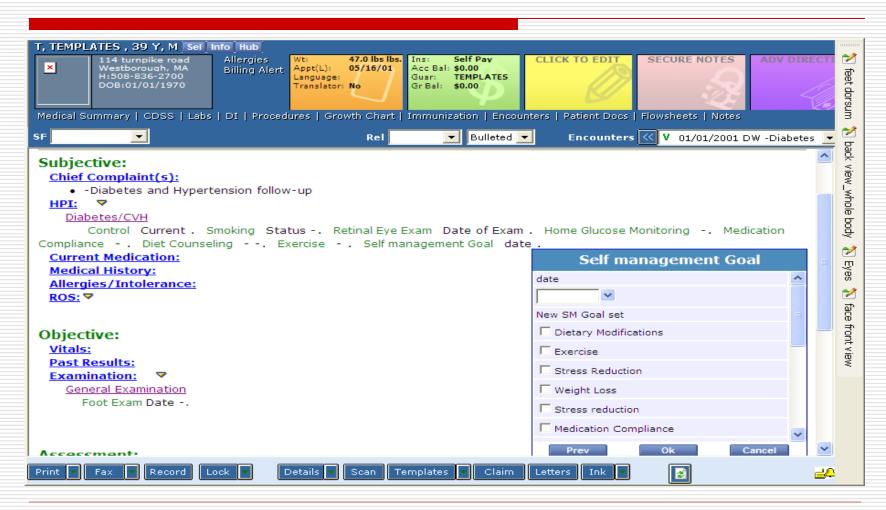
Red Font Identifies Elevated Blood Pressure



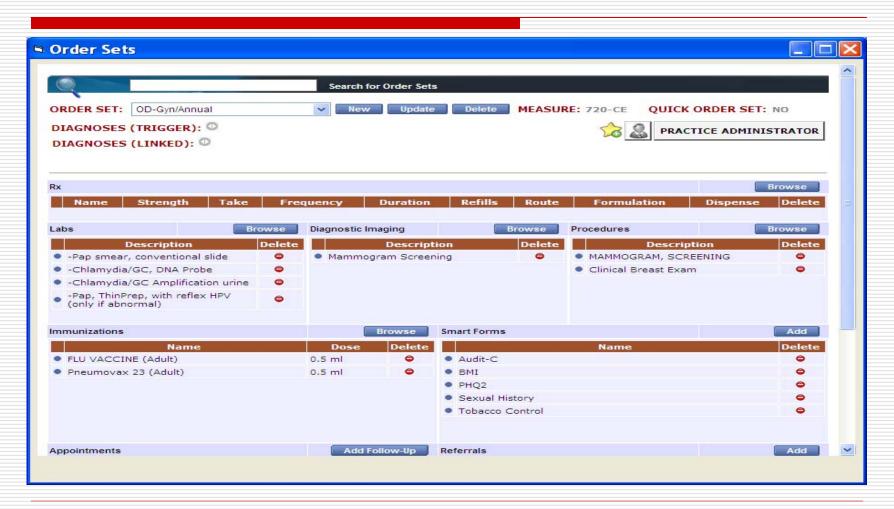
Alerts Based on preventive guidelines and medical history



Templates Structured data collection



Order Sets



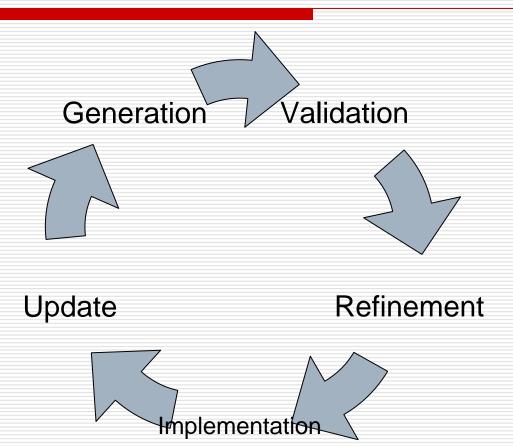
Provider Buy in

- Good ideas are not adopted automatically. They must be driven into practice with courageous patience.
 - Hyman Rickover US (Polish-born) admiral (1900 - 1986)

Why is there resistance

- □ I don't think I need it
- Who's standards are these any way?
- Who's job is self management?
- ☐ It will slow me down.
- You keep changing things.

Life Cycle of CDSS



Tips for Provider buy in

- Choose CDSS that is relevant to your practice. Diabetes, Hypertension, cancer screening, immunizations.
- Do not structure every thing and when you do ask providers what language they want to use and incorporate that for ownership.
- Beware of POP up fatigue.

Successful implementation strategies

- Have a sub group of respected providers that develop the standards and CDSS.
- Teach every one their role from MD to MA and everyone in between.
- ☐ Give very specific instructions on use.
- Give feed back on use regularly.
- Give feed back on outcomes regularly.

The Importance of Provider Panel Integrity



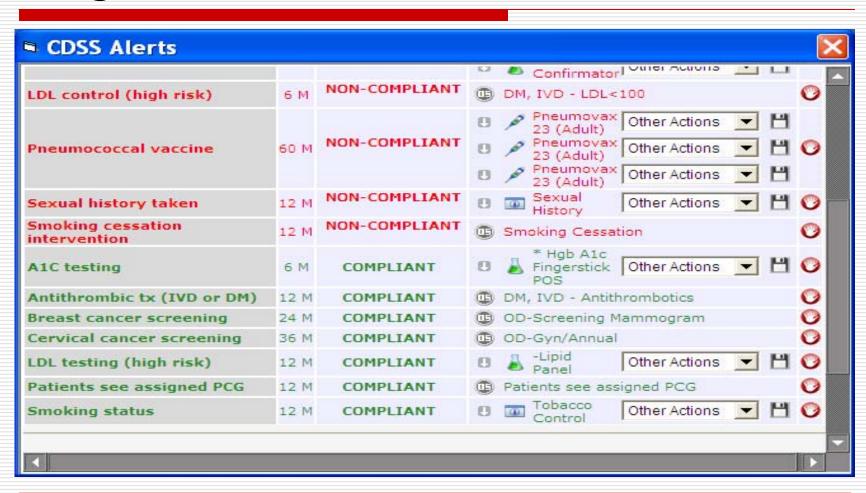
Examples of CDSS that have improved care

- Diabetes A1c screening lab alerts
- Provider Panels reports
- Hypertension EKG Order sets
- Self management templates structured data
- Asthma Action Plans. Structured data templates.

Improving A1c screening for diabetic patients



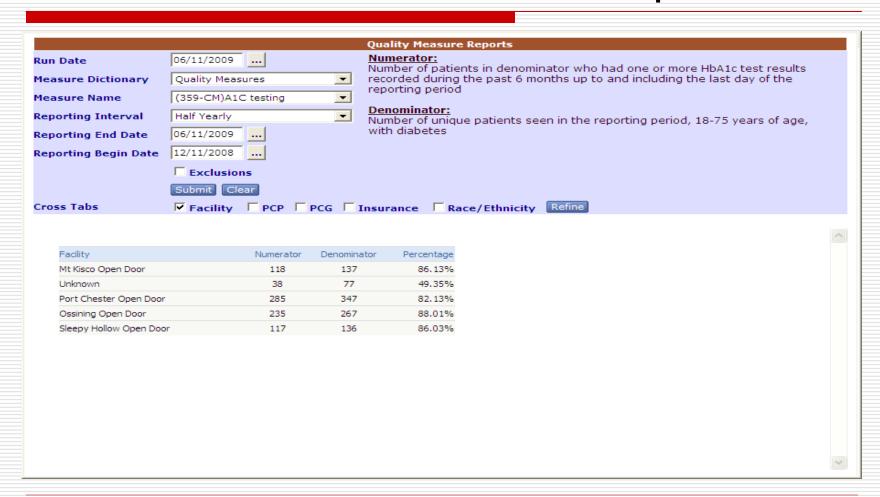
The CDSS Alerts remind Providers to get an A1c



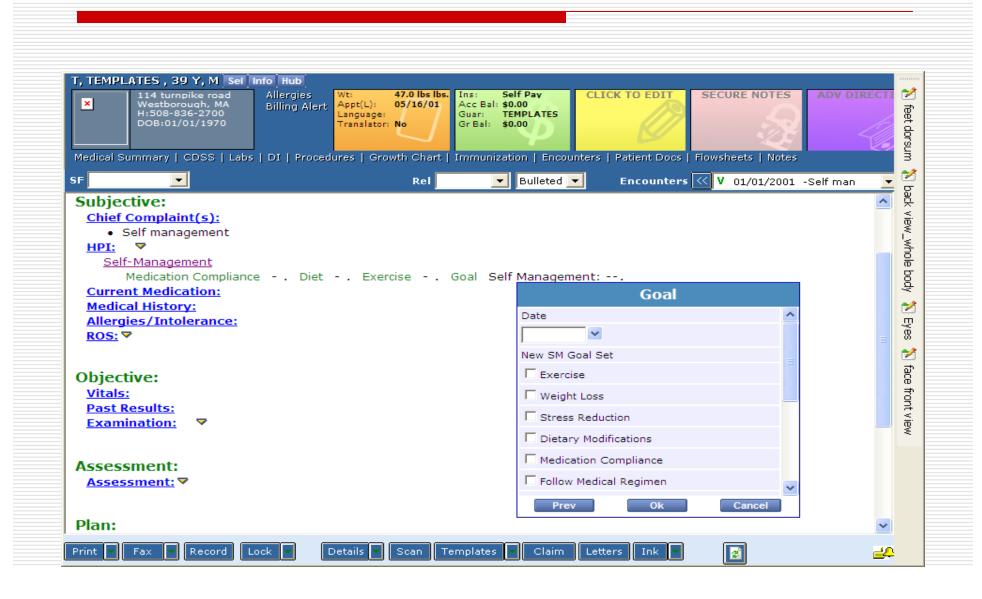
Order Sets tell Provider when the last A1c was



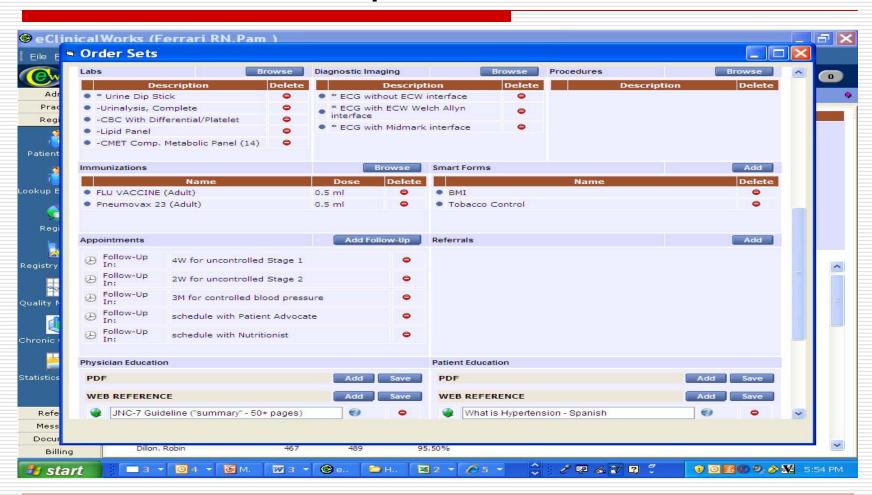
Provider/Site Feed Back Reports



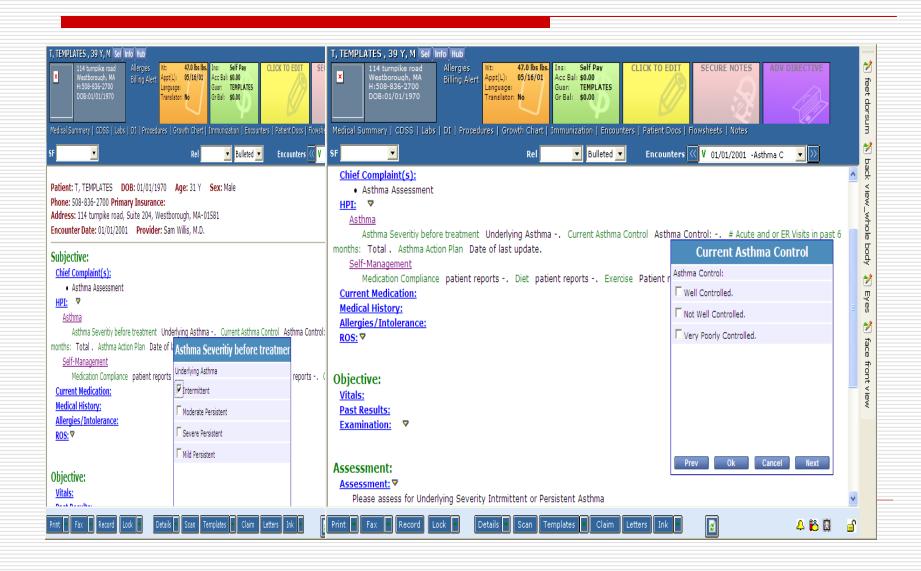
Self management template increased compliance with documentation of goals,



Hypertension order set increased the number of patients with ECG.



Asthma Template Documents both Underlying Severity and Current Control



Using data to improve care

- List all diabetic patients who's last A1c was
 >9 and call them to come in for Diabetes
 Education.
- □ List all patients without an Asthma Action Plan and invite them to an Asthma Night
- List all Hypertensive patients who said that they were not watching their diet and invite them to a presentation on the dash Diet.

Should all data be structured?

- Documenting using structured data takes time.
- Documenting using structured data can sound generic.
- ☐ Free text tells a better story.
- Only Structure data you are going to actually use!