

TABLE 1.

Strategies and No-Cost Resources Aimed at Overcoming Barriers to Medication Adherence

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<i>Patient-related factors</i>	
Health literacy	
Teach-back method (video of real patients)	http://www.acpfoundation.org
Empowering patients to ask questions	http://www.npsf.org/askme3/
Visual, interactive video medical education	http://medlineplus.gov
Providing a pictorial medication schedule	http://www.ahrq.gov/qual/pillcard/pillcard.htm
Audio information: podcasts/radiocasts	http://healthcare411.ahrq.gov/
Health literacy universal precautions toolkit	http://www.ahrq.gov/qual/literacy/
Medication list for patients	http://www.safemedication.com
Mental health issues	
Videos from the National Institutes of Mental Health	http://www.nimh.nih.gov
Helpline of the National Alliance for the Mentally Ill	http://www.nami.org/
Patient participation	
Developing a patient-centered medical home	http://www.aafp.org/online/en/home/membership/initiatives/pcmh.html http://www.acponline.org/running_practice/pcmh/
Financial issues/access to care	
Prescription medicine financial assistance	http://www.needymeds.org/ http://rxassist.org/ http://www.pparx.org/ http://www.togetherxaccess.org/Tx/jsp/home.jsp http://www.benefitscheckup.org/
National Council on Aging	
Medicare plans	http://www.medicare.gov/
<i>Physician-related factors</i>	
Awareness	
Identification and useful tools	http://www.ethnomed.org
Rapid estimate of adult health literacy	http://www.ahrq.gov/populations/sahlsatool.htm
Rapid test of literacy	http://www.adultmeducation.com/
Health literacy video of physician interviews with patients	http://www.acpfoundation.org
Communication	
Video vignettes relating to cultural competency	https://cccm.thinkculturalhealth.org/videos/index.htm
National Council on Patient Information and Education	http://www.talkaboutrx.org/
American Academy on Communication in Healthcare	http://www.aachonline.org/
Complexity of dosing	
Medication list and helpful questions	http://www.learnaboutrxsafety.org/
<i>Health system/team building-related factors</i>	
Time constraints	
Patient-centered medical home	http://www.acponline.org/running_practice/pcmh/
American Association of Family Practice medical home	
Web site	http://www.medicalhomeinfo.org/
Patient-Centered Primary Care Collaborative	http://www.pcpc.net/
Lack of care coordination (“fumbled hand offs”)	
Coordinating care among all physicians	http://www.ihl.org/ihl
Medication reconciliation	http://www.psnet.ahrq.gov/primer.aspx?primerID=1
Lack of automation	
American EHR Partners (ACP-sponsored)	http://www.americanehr.com
Electronic Prescribing Readiness Assessment	http://getrxconnected.org
Health information technology	http://healthit.ahrq.gov/
Introduction to electronic health records	http://www.centerforhit.org/ http://www.thecimm.org/

ACP = American College of Physicians.