



## SIX WEEKS TO FITNESS CHALLENGE November 2, 2010 - December 14, 2010

THE TOP 3 PARTICIPANTS TO SHOW THE MOST IMPROVEMENT IN WEIGHT AND BODY FAT PERCENTAGE WIN!!!

Grand Prize: \$1000 2nd Place: \$500 3rd Place: \$250



VINCE FERGUSON THE NEW YORK CITY FITNESS CZAR

You'll receive a free e-book download of "Six Weeks to a Six Pack" when you register

<u>Register</u>: Friday, October 29, 2010 - Monday, November 1, 2010 (11:59, EST)

> Registration materials include: \$10 registration fee

"before" photo (sent via e-mail) weight and body fat percentage (taken at a participating health club)\*

To enter you must be 18 years or older

\*list of participating health clubs can be found at <u>www.bodysculpt.org</u>

## For the complete rules & regulations, and to register, visit: <u>www.bodysculpt.org</u>

or call (718) 346-5852

Body Sculpt of New York, Inc. P: (718) 346- 5852 W: <u>www.bodysculpt.org</u>

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