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# *Hand in Hand*

## *Primary Care Integration Models:*

***Communicate, Collaborate, Refer  
and Reinforce***

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# *Collaborative Approach*

## Primary Care and Psycho-Social Services

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### Benefits

- Increase Well Child Visits and Immunizations
- Address Child Development needs/concerns
- Decrease No-shows for Medical Appointments
- Reinforce and Improve Prenatal and Postnatal Care
- Identification and Treatment of Mental Health Issues
- Decrease Parental Stress
- Increase Behavioral Health Referrals
- Improve Patient Compliance with Treatment Goals

# Continuity of Care

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- Strength Based
- Person and Family Centered
- Holistic Approach
- Wraparound Support Services
- Home Based Services – *Collaborate with health care provider and families to address concerns and reinforce patients' health care goals*

# *Healthy Start Home Visiting Program*

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## *Prenatal and Parent Support Services*

### **Healthy Start Performance Targets**

- Child health/Well Child Visits
- Immunizations
- Breastfeeding
- Decrease Parental Stress
- Child Development
  - Assessments 4 months to 5 years



# Case Examples

## OLGA: Failure to Thrive

- Dr. concern over Infant Weight Gain
- Feeding support at home



## ANGIE: Maternal Depression

- Use of PSI and PHQ-9 to identify MH needs
- Short term, in-home Mental Health Support (Liaison) leading to Behavioral Health referral
- Medication support/reminders

## CARRIE: Prenatal Care

- Health Insurance - to resume prenatal care appointments
- Prenatal depression
  - Behavior Health Referral
  - Prenatal Support Group

## MARY: Developmental Delay

- Identification of child development delays
- Referral for EI services
- PCP referral for Neurological evaluation

# *Case Examples continued...*

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## **CARRIE: Prenatal Care**

- Health Insurance - to resume prenatal care appointments
- Prenatal depression
  - Behavior Health Referral
  - Prenatal Support Group



## **BRANDY: Infant Low Weight Gain**

- Provide breastfeeding consultation
- Refer to New Moms support group

## **CAROL: Child Health**

- Speech delay related to ear infections

# Communication & Collaboration

## *Primary Care & Psycho-Social/Behavioral Health*

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Promote Wellness and Improve Patient Health Outcomes by:

1. Providing comprehensive, integrated care for individuals and families
2. Gaining new perspective on patients' situations and circumstances
3. Understanding/learning of resources that can support patient wellness & increase compliance with treatment