New York Consortium for Emergency Preparedness Continuing Education

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Practicing Your Plan

CHCANYS

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The Emergency Planning Cycle

Review local hazard assessment

Review plans of local health department & hospitals

perform

Review & revise the plan as needed



Evaluate the exercise



Assess your office's resources & capacity

Develop an office emergency response plan

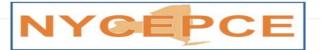
Exercise the plan with staff & stakeholder

Inform & train your staff to the plan

It's a responsibility of leaders and managers to...

- ♦ IMPLEMENT the emergency response plan during drills or actual emergencies within chain of command.
- DESCRIBE your responsibilities for communicating with employees, patients & families, media, the general public or your own family, and DEMONSTRATE them during training, drills or actual emergencies.
- ♦ EVALUATE the effectiveness of the response in drills or actual emergencies, and IDENTIFY improvements needed.

*Adapted from: EP Response for Hospital Leaders

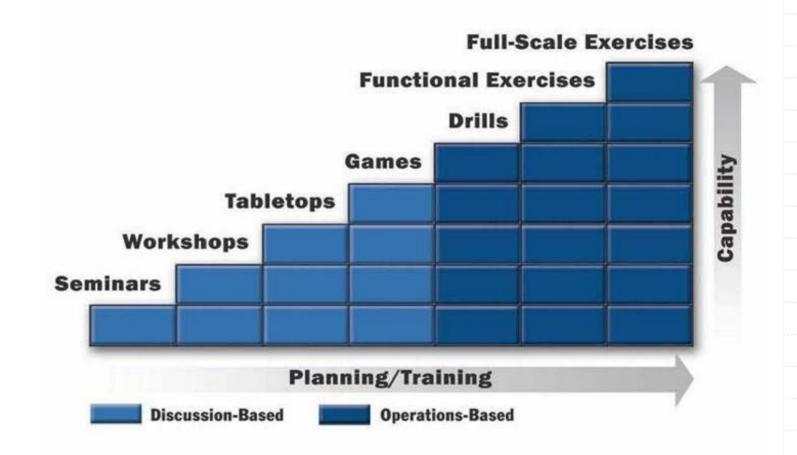


Your main questions

- Has the plan anticipated all key needs?
 - Space
 - Communication equipment
 - Other supplies
 - Have all needed roles been anticipated?
 - Does your plan really match community expectations?
- Do the staff know what to do, or where to go for direction?



Building Blocks





Workshop or seminar

- Primarily learning, not testing
- Focus is individual learner
- Must be completed for
 - All new staff
 - Any changes in assignment
 - Any changes in plan
- Can be as short as 15 minutes or as long as a day



Drill

- Supervised activity to test a component of the plan
 - Transportation drill-moving people from one place to another
 - Communication drill-emergency call and response
- It's not all or nothing
 - One office
 - One floor
 - One work area
- Can last from 15 minutes to a full day



Table top exercise

- Paper and verbal scenarios for leaders or other groups
 - Often done among agency leaders
 - Common approach to teaching and practicing incident command
 - Excellent way to practice decision-making



Functional exercise

- All units involved with a specific function involved, with attention to coordination and response time
 - Events are delivered through scenario with updates to drive activity
 - Can be announced or unannounced to test participants reaction
 - How well can a given expected function be delivered?



Full-scale field exercise

- ◆TOPOFF exercises are the biggest health examples
- Most communities do at least one mass casualty event annually
- Probably not for a community health center



Planning an exercise

- Define the Purpose of the Exercise
 - Identify Goals & Measurable Objectives
 - Define the Scope of the Exercise
- Define the Scale of the Exercise
 - Select the Exercise Scenario
 - Select the Exercise Format
- Define the Evaluation Method
- Develop the Exercise Work Plan and Schedule



Examples

- Design risk communication and methods to disseminate public education information on exposure hazards and effective public response.
- Practice clinician behavior associated with transition into emergency closure to all but patients triaged from near-by hospital
- ◆ Test a Point of Dispensing (POD) operational model to test your staff's ability to work within a command structure



Design risk communication

- Define the Purpose of the Exercise
 - Improve leadership comfort with designing new voicemail messages during an emergency
- Define the Scale of the Exercise
 - Tabletop for center leadership; 1 hour in length
 - Scenario: influenza pandemic scare: Local Health Department (LHD) wants people to stay home on self care & minimize travel
 - Challenge: what will you put on voicemail? How will you get this to most of your patients?
- Define the Evaluation Method
 - 1 observer with risk communication check list and org chart
 - Participant evaluation form
- Develop the Exercise Work Plan and Schedule
 - Scheduled event: add 1 hour onto monthly senior leader meeting
 - Handout material, initial presentation, evaluation forms ready day before



Practice clinician behavior

- Define the Purpose of the Exercise
 - Allow physicians and nurses to develop skill in calling to reschedule patients, move people out of offices quickly
- Define the Scale of the Exercise
 - One practice site or clinic within center
 - Staff from another site to play role of patients
 - 1 ½ hour at end of light clinic day; scenario requires each clinician to call 'patients' scheduled for next day appointments
- Define the Evaluation Method
 - 2 observers to listen to phone calls
 - Evaluation form for clinicians and 'patients'



Work Plan & Schedule

- Develop the Exercise Work Plan and Schedule
 - Scenario with memo from CEO requiring cancellations by clinicians to assess patients and give care via phone if possible
 - Realistic dummy schedule of appointments with brief bios for patients and drill phone number
 - Space for 'patients' to take phone calls
 - Decision about regular time/overtime



Example

- **♦Test** a POD operational model:
 - Introduce staff to POD management and Job Action Sheet (JAS) responsibilities.
 - Provide staff with an opportunity to practice the Incident Command System (ICS) & functional staff roles to expeditiously receive and dispense appropriate medications.



Test POD model

- Define the Purpose of the Exercise
 - Engage all site staff in following POD plan to identify potential challenges
- Define the Scale of the Exercise
 - Weekend or evening block of 3 hours
 - Scenario will require prophylaxis to staff families and public
 - LHD should provide standard materials
- Define the Evaluation Method
 - Multiple observers
 - Checklists for all participants
- Develop the Exercise Work Plan and Schedule
 - Should be developed in tandem with LHD
 - Administration decisions on pay
 - Recruit family and friends to be patients
 - Provide orientation, space to wait, refreshments
 - All POD equipment should be on hand (not a procurement drill)



Ways to evaluate

	External evaluator	Participant
Objective	Checklist with stated objectives	Post-event checklist
Subjective	Narrative of observations	'Hot wash' comments



Emergency Preparedness Toolkit for Community Health Centers

Intended to help Center Leadership:

- Assess vulnerability.
- Create an emergency plan.
- Train & drill staff.
- Connect with affiliate hospital or local health department.



Emergency Preparedness Toolkit for Community Health Centers & Community Practice Sites

A How-To Guide for:

Connecting with the Local Health Department or Hospital

Creating an Emergency Response Plan

Training Your Staff

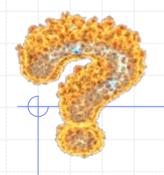
Exercising with Local Partners

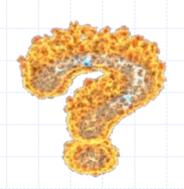




Evaluating Where You Are, Where You Need to Be

- Review local hazard assessment.
 - Partner with LHDs, hospitals, Offices of Emergency Management (OEM).
 - Review their emergency plans.
 - Assess your resources.
 - Decide what role your Community Practice Sites will take during an emergency.
 - Train all staff (use JAS)
 - Practice/exercise
 - Evaluate (After Action Report)
 - Revise
 - □ Train all staff...





Thank You!

Check out our online courses at www.nycepce.org

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Emergency Preparedness for Community
Health Center Leaders