



# Vulnerable Adults

*The Geriatric Approach to Health Care*

Wednesday, October 21, 2009  
8:00am - 4:30pm

**At PACE University**  
*Michael Schimmel Center for the Arts*  
3 Spruce Street, New York, NY 10038



*The Approach to Health Care Utilized with the Geriatric Population has been found to be useful for vulnerable adults of all ages.*

## Conference Purpose

Participants will learn practical approaches and skills to help them provide care to vulnerable adults – who have cognitive, physical and/or emotional deficits – in a busy primary care setting.

## Who Should Attend?

Clinicians with responsibility for health care of vulnerable adults:

- *Physicians – Family Practice, Internal Medicine, and Emergency Medicine,*
- *Nurses,*
- *Social Workers,*
- *Psychologists,*
- *Nurse Practitioners,*
- *Licensed Practical Nurses,*
- *Physician's Assistants,*
- *Medical Assistants,*
- *Occupational Therapists,*
- *Physical Therapists,*
- *And Case Managers who are involved in primary care.*



## Agenda

**8-8:30 Registration**

**8:30-8:45 Introduction**

**8:45-9:15 Keynote – Vulnerable Adults and the Geriatric Approach to Health Care – Susan Pincus, MD**

**9:15-10:00 Environmental Geriatrics – Experience the environment through the eyes and ears of individuals with sensory impairment – Rosemary Bakker, MS**

**10:00-10:30 Involuntary Weight Loss – Unexplained drop in weight and when a workup is necessary – Beatriz Korc, MD**

**10:30-10:45 Coffee Break**

**10:45-11:15 Communicating with Vulnerable Adults – Words and phrases that assist with care – Marilyn Jaffe-Ruiz, EdD, RN**

**11:15-11:45 Mindfulness Based Stress Reduction – Facilitating relaxation among those with disabilities and/or chronic conditions – Patricia Bloom, MD**

**11:45-12:15 Q & A**

**12:15-1:30 Lunch**

**1:30-2:30 Workshop #1\***

**2:45-3:45 Workshop #2\***

**4:00-4:30 Taking Tools Back to Your Practice  
Sheryl White-Scott, MD**



## Workshops\*

Hands on demonstrations and easy to use tools that clinicians can take back to their practices. Each workshop runs twice. Indicate your choices on the registration form.

### Diagnosis and Treatment of Pressure Sores

*Glicerio Moura, RN, BSN, CWCN*

### Oral Health – Evaluation and Treatment

*Susan Pugliese, DDS*

### Clinical Management of Feeding Tubes and Other Nutritional Concerns

*Jack Pasquale, MD*

### HIV and the Elderly

*Fernando Carnavali, MD*

### Screening for Dementia and Depression in Persons with Cognitive Impairment

*Ana Christina Minerly, PhD and Jo-El Thompson-Kroon, MS*

### 10 Minute Geriatric Assessment/Incontinence and Mobility

*Arun Rao, MD and Tessa Del Carmen, MD*

### Discussing Advance Care Planning

*Marcia Richman, RN and Randi Rosenstein, Esq*

### The Hospitalized and Pre-operative Patient

*James Mumford, MD*

## Course Credits

This activity has been reviewed and is acceptable for up to 5.75 prescribed and .50 elective credits by the American Academy of Family Physicians, and up to 6.25 AMA PRA Category 1 Credits.

### Arun Rao, MD

*Assistant Professor of Clinical Medicine Medical Director, House Call Program Assistant Director, Geriatric Medicine Fellowship Program, Weill Cornell Medical College*  
Dr. Rao serves as Medical Director of the Gruss-Lipper House Call Program at Weill Cornell Medical College/NYPH. He also serves as Associate Director of Geriatric Medicine Fellowship Program. In addition, he works as a clinician at Irving Sherwood Wright Center on Aging & Division of Geriatrics & Gerontology.

### Beatriz Korc, MD, PhD

*Chief, Geriatrics Service, Department of Medicine, Memorial Sloan-Kettering Cancer Center*  
Dr. Korc went to Memorial Hospital having been on staff at Mount Sinai School of Medicine in the Department of Geriatrics and Adult Development as Director of Clinical Services. She has been an active educator of medical students, residents and fellows as well as mentor for several research projects that resulted in publications and presentations at national meetings.

### Christina Minerly, PhD

*Licensed Clinical Psychologist, Director of Behavioral Health Program, ACCESS Community Health Center*  
Dr. Minerly is Program Director of the Mental and Behavioral Health Program at ACCESS Community Health Center. She is also a member of the AHRC New York City Bioethics Committee, the Association for Psychological Science, the American Psychological Association and the Society for Neuroscience.

### Fernando Carnavali, MD

*Medical Director, Access Community Health Center*  
Dr. Carnavali has been interested in primary care since 1994. He is an HIV expert. He has provided medical care for chronic illness in ambulatory settings for over a decade. He is a renowned lecturer for HIV care in Hispanic and Black communities.

### Glicerio Moura, RN, BSN, CWCN

*Wound Ostomy Nurse Specialist, Vassar Brothers Medical Center*  
Mr. Moura served as the Wound Care Coordinator at Lenox Hill Hospital in Manhattan. Prior to that, Mr. Moura worked for five years as staff RN in an acute care unit at the same facility, acting as unit's resource nurse in wound care and skin integrity.

### Jack Pasquale, MD

*Physician Nutrition Specialist, Nutrition & Metabolic Disorders, New York Hospital Medical Center of Queens, Jamaica Hospital Medical Center*



Dr. Pasquale currently serves as a Physician Nutrition Specialist/Consultant for AHRC New York City, Franklin Center for Rehabilitation and Nursing, New York State Veterans Home and Silver Crest Extended Care Facility. He also holds positions as physician and director of Clinical Nutrition Service.

**James M. Mumford, MD**

*Vice Chair, Director of Inpatient Service,*  
Beth Israel Medical Center,  
Department of Family Medicine  
Prior to working at Beth Israel Medical Center, Dr. Mumford served as Associate Chairman and Acting Chairman of Bronx-Lebanon Hospital Center, Department of Family Medicine.

**Jo-El Thompson-Kroon, MS**

*Psychologist, AHRC New York City*  
Ms. Thompson-Kroon has been working with the Intellectually Disabled for over 23 combined volunteer and working years. Her primary interests are in the areas of Autism and Aging. She is a graduate of SUNY and Gannon University in Erie, PA where she obtained her Master's Degree and has completed her Doctoral Degree in Counseling Psychology all but Dissertation Defense.

**Marcia Richman, RN, MS, CDDN**

*Healthcare Coordinator/Director of Nursing,*  
*Department of Residential Services,*  
AHRC New York City  
Ms. Richman has worked with AHRC for many years serving adults living in residences and the community throughout the five boroughs of NYC. She is active in the New York State MR/DD Nurses Association, and an officer of the local Zone 7 chapter of that group.

**Marilyn Jaffe-Ruiz, EdD, RN**

*Professor of Nursing,*  
Lienhard School of Nursing, Pace University  
Dr. Jaffe-Ruiz specializes in leadership, education, psychiatric mental health nursing, cultural competence, and siblings and families of those with intellectual and developmental disabilities. She teaches at both the graduate and undergraduate levels and has served on the board of directors of AHRC New York City since 1984.

**Patricia A. Bloom MD**

*Associate Professor,*  
*Director of Integrative Health Programs*  
Brookdale Department of Geriatrics and Adult Development  
Mount Sinai School of Medicine  
Dr. Bloom is the immediate past Vice Chair for Clinical Affairs for the Department, and is currently the Director of Integrative Health Programs for the Martha Stewart Center for Living/Coffey Geriatrics Practice.

**Randi Rosenstein, Esq**

*Director of Legal Services,*  
Article 16 Clinic, AHRC New York City.  
Ms. Rosenstein oversees legal services provided to families and individuals with disabilities. Randi also supervises the NYSARC, Inc. Corporate Guardianship Program run through AHRC, which oversees the care of almost thirty individuals with developmental disabilities throughout New York City, and is standby guardian for more than another fifty individuals.

**Rosemary Bakker, MS**

*Research Associate in Gerontologic Design*  
Weill Cornell Medical College  
Ms. Bakker is a Research Associate in Gerontologic Design in the Division of Geriatrics at the Weill Cornell Medical College in New York City. During the last fifteen years, Ms. Bakker has assumed a national and local leadership role in promoting the role of the environment to optimize the health, function, and well being of older adults.

**Sheryl White-Scott, MD**

*Medical Director,*  
Brooklyn Developmental Disabilities Services  
Dr. White-Scott is an Assistant Clinical Professor of Medicine, Department of Internal Medicine, New York Medical College. Dr. White-Scott specializes in clinical services for adults with developmental disabilities. She has worked extensively with this population and has a special interest in health care delivery for women with developmental disabilities and individuals with developmental disabilities from minority populations.

**Susan Pincus, MD**

*Medical Director,*  
AHRC New York City  
Dr. Pincus is a family physician and has been the medical director of AHRC NYC for the past 10 years. She specializes in the primary health care of individuals of all ages, who have intellectual and developmental disabilities.

**Susan Pugliese, DDS, RN**

*Chief/Director of Dental Services,*  
University Hospital of Brooklyn  
SUNY Downstate Medical Center  
Dr. Pugliese has been published in the area of Special Needs Dentistry and currently in print is a Chapter in a geriatric Surgical Textbook pertaining to the aging oral cavity.

**Tessa Del Carmen, MD**

*Fellow,*  
Weill Medical College of Cornell University  
Dr. Carmen is currently a 2nd year fellow at Weill Medical College. Previously, she served as Chief Resident at the St. Vincent's Hospital program on Staten Island.

## Registration Form

*Yes, I would like to attend the Conference:  
Vulnerable Adults: The Geriatric Approach  
to Health Care.*

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

Email: \_\_\_\_\_

*Would you like to be placed on  
Access Community Health Center's  
mailing list?*

Yes  No

**Please select FOUR Workshops and number  
in order of preference. You will be able  
to attend TWO.**

- \_\_\_ Diagnosis and Treatment of Pressure Sores
- \_\_\_ Oral Health – Evaluation and Treatment
- \_\_\_ Clinical Management of Feeding Tubes and  
other Nutritional Concerns
- \_\_\_ HIV and the elderly
- \_\_\_ Screening for Dementia and Depression in  
Persons with Cognitive Impairment
- \_\_\_ 10-Minute Geriatric Assessment/Incontinence  
and Mobility
- \_\_\_ Discussing Advance Care Planning
- \_\_\_ The Hospitalized and Pre-operative patient

**Please specify your Profession:**

- \_\_\_ **Physician** (specify speciality): \_\_\_\_\_ **\$75 reg. fee**
- \_\_\_ **Other Clinician** (specify type): \_\_\_\_\_ **\$50 reg. fee**
- \_\_\_ **Student** (specify profession): \_\_\_\_\_ **\$25 reg. fee**

Checks should be made payable to:  
**AHRC Health Care, Inc.** and mailed with the  
completed registration form to:  
**Jessica Williams**  
**Access Community Health Center**  
**83 Maiden Lane**  
**6th Floor**  
**New York, NY 10038.**

Please call Jessica at **212.780.2575** for any questions  
pertaining to the conference.

\*Registration forms may also be sent to  
Jessica.williams@ahrcnyc.org



83 Maiden Lane  
New York, NY 10038  
212.780.2500  
www.ahrcnyc.org

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ALBANY NY  
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## Food

Continental Breakfast and afternoon snacks will be served. Lunch will not be provided and participants will be given a list of nearby restaurants. For any special dietary requirements, please contact Jessica Williams at 212.780.2575.

## Directions

*For subway, bus, and driving directions, visit <http://www.pace.edu/pace/about-us/>*

## Parking

There is a lot located on Pearl St. (between Peck Slip and Beekman St). This is an outdoor lot within close proximity to Pace University. There is a small indoor lot located on Gold St. (between Spruce St. and Beekman St). There is an indoor lot located on Beekman Street (between William Street and Park Row.)

## Exhibitor Space

Exhibitor space is available in the Schimmel Lobby. Contact Jessica Williams at 212.780.2575 for more information.



**access**  
COMMUNITY HEALTH CENTER

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