



3 Cedar Street Extension, Suite 2  
Cohoes, NY 12047  
(518) 436-0178  
[www.cpodnys.org](http://www.cpodnys.org)

*Cerebral Palsy Associations of NYS Medical Directors' Council presents*

*1<sup>st</sup> Annual Conference on*

# Multi-Disciplinary Clinical Care For Patients with Intellectual and Developmental Disabilities (I/DD)

*Designed to Increase Clinical Expertise in Treating People with I/DD*

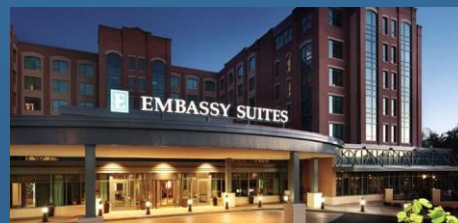
- Special Olympics: Healthy Athletes
- Recognizing Co-Occurring Conditions in People with I/DD
- Panel Discussion on Dysphagia in People with I/DD
- Behaviors, Medications and Teeth – Oh My!
- Recognizing Mental Illness in Patients with DD for the Non-Psychiatrist

## EDUCATIONAL OUTCOMES/LEARNING OBJECTIVES

At the conclusion of this conference, participants should:

- Be able to discuss, recognize or identify differences in treating people with I/DD from the general population
- Be more comfortable and confident in treating people with I/DD

**November 16, 2018**  
**Embassy Suites Hotel**  
**Saratoga Springs**



*This program is jointly sponsored with Albany Medical College  
for continuing medical education credit.*

# Multi-Disciplinary Clinical Care for Patients with Intellectual and Developmental Disabilities (I/DD)

November 16, 2018

## CP of NYS Clinical Conference Planning Committee

**Leisa Alger**

*Able2*

**Mike Alvaro**

*CP of NYS*

**Laura DeCarlo**

*ADAPT Community Network*

**Azimah Ehr, MD**

*Metro Services, CP of NYS*

**Martha Farewell**

*Aspire WNY*

**Michele Griguts, DDS**

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**Jean Herbert**

*Inspire*

**Patricia Hopkins**

*Albany Medical Center*

**Jean Jacobson**

*Kelberman Center*

**Maria Kansas, MD**

*Center for Disability Services*

**Lori Kearsing**

*LIFEPlan CCO NY*

**Diane Kozar**

*Happiness House*

**Beth Maisonet**

*Inspire*

**John Mazzariello**

*Center for Disability Services*

**Cindy McInerney**

*Able2*

**Olivia McMullen**

*Center for Disability Services*

**Susan Meachum**

*AccessCNY*

**Terrie Meyn**

*Happiness House*

**Ellen Naidus**

*CP Nassau*

**Rebecca Ryan**

*Center for Disability Services*

**Vincent Siasoco, MD**

*Metro Community Health Centers*

**Mitch Spiegel**

*Jawonio*

**Deb Williams**

*CP of NYS*

*Dear Colleagues,*

*When we think of what it takes to provide high quality health care to persons with intellectual and developmental disabilities, we first think of the barriers and challenges to care. This population is an underserved one and the need for training healthcare providers across all disciplines is much needed. Even more so needed than the training for specific disciplines is the need for all to work together to ensure the provision of well-coordinated, continuous, comprehensive and compassionate care. It is with this understanding and challenge for us to overcome that the Medical Directors' Council of the CP Associations of NYS present the 1st annual "Multi-Disciplinary Clinical Conference on the Care of Persons with Intellectual and Developmental Disabilities."*

*Sincerely,*

*Maria Kansas, MD*

*Maria Kansas, MD*

*Vincent Siasoco, MD*

*Vincent Siasoco, MD*

*Co-Chairs of the Cerebral Palsy Associations of NYS (CP of NYS) Medical Directors' Council*

## WHO SHOULD ATTEND

**This program has been designed to meet the interest of physicians, dentists, clinicians, therapists, nurses and administrators who provide services to people with intellectual/developmental disabilities or are interested in doing so.**

Accreditation: This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint providership of Albany Medical College and Cerebral Palsy Associations of New York State. Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Albany Medical College designates this Live activity for a maximum of 5.75 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# Multi-Disciplinary Clinical Care for Patients with Intellectual and Developmental Disabilities (I/DD)

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## KEYNOTE SPEAKER



### STEVEN PERLMAN, DDS

Dr. Steven Perlman is a Clinical Professor of Pediatric Dentistry at the Boston University Goldman School of Dental Medicine. For the past 40 years, he has devoted much of his private practice as well as his teaching to the treatment of children and adults with physical and intellectual disabilities.

Dr. Perlman is a past president of the Academy of Dentistry for Persons with Disabilities, the Massachusetts Academy of Pediatric Dentistry and the American Academy of Developmental Medicine and Dentistry. He is a Fellow of the Academy of Dentistry for Persons with Disabilities, a Fellow of the American College of Dentists and a Diplomate of the American Board of Special Care Dentistry.

Dr. Perlman was the first dentist in Massachusetts to receive the Exceptional Physician Award. He is a Distinguished Alumnus of the Boston University Goldman School of Dental Medicine and the first graduate in the history of the Dental School to also be recognized as a Distinguished Alumnus of Boston University.

He is the recipient of the Harold Berk Award from the Academy of Dentistry for Persons with Disabilities and the Manny Album Award from the American Academy of Pediatric Dentistry. Both awards are the highest honors of the organizations recognizing lifetime achievement in the care of people with disabilities.

Dr. Perlman has also been honored by the Pierre Fauchard Academy, and in 2002 the American Dental Association presented him with their Access Recognition Award.

In May 2002, the American Academy of Pediatric Dentistry Foundation named Dr. Perlman Dentist of the Year for his significant contributions to the dental profession and the specialty of pediatric dentistry over an entire career of distinguished service.

He has published over 300 articles, co-edited a textbook, *Treating the Dental Patient with a Developmental Disorder*, and was a contributor to the Surgeon General's Report on Oral Health in 2001.

In 2005, Dr. Perlman received the Exceptional Parent Maxwell J. Schileifer Distinguished Service Award for dedication to improving the lives of individuals with special needs and disabilities as well as the Trudi Birger Community Service Award from Alpha Omega for extraordinary contribution to children with special needs all over the world.

In 1993, Dr. Perlman founded Special Olympics Special Smiles, an oral health initiative for the athletes of Special Olympics International. It now has over 200 events each year taking place in every state in the United States and in over 100 countries. He currently serves as their Senior Global Clinical Advisor.

Dr. Perlman is cofounder and past president of the American Academy of Developmental Medicine and Dentistry (AADMD) and in 2005 and 2006 served as an advisor to the President's Committee for Persons with Intellectual Disabilities.

# Multi-Disciplinary Clinical Care for Patients with Intellectual and Developmental Disabilities (I/DD)

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## SPEAKERS

### RUTH ALEJANDRO, MD

Dr. Ruth Alejandro is a board-certified physiatrist. She graduated from New York Medical College. She completed her Physical Medicine & Rehabilitation Residency at NYPH-University of Columbia and Cornwell where she was Chief Resident. Her expertise includes spasticity management (Botox, Intrathecal Baclofen Pump Maintenance), SCI rehabilitation, amputee prosthetic rehabilitation, and wound care. She is the Program Director of the Blythedale Rotation of NYPH-University Hospital of Columbia & Cornell PM&R Residency Program and New York Medical College PM&R Residency Program. She is also an assistant Clinical Professor, Columbia University Department of Rehabilitation & Regenerative Medicine. Dr. Alejandro has spoken at numerous conferences in the past and received various awards and honors including Teacher of the Year award in 2016 from the New York Medical College Dept. of Physical Medicine and Rehabilitation.

### RITA BILELLO, DDS

Dr. Rita Marie Bilello joined the team at Metro Community Health Centers (an FQHC designed to assist individuals with developmental disabilities and their families) after nearly twenty years in private dental practice. While working as a clinical dentist in a large family practice she began to work more closely with the developmentally disabled population. She partnered with HeartShare Wellness in Brooklyn, NY to develop a dental clinic that served not only the general population but that would also address the specific needs of the developmentally disabled population. Providing not only direct dental care to these underserved patients, but also instructing and training other dentists in the special requirements that this population requires, is something that Dr. Bilello works to achieve daily. Dr. Bilello received her Bachelor of Fine Arts from Colgate University in upstate New York and then pursued her degree in dentistry at New York University College of Dentistry in Manhattan. While at NYU she was invited to participate in several honors programs and was inducted into Omega Kappa Upsilon, the national dental honor society. After graduation Dr. Bilello completed a general practice residency at North Shore University Hospital in Manhasset, NY and was selected to extend her employment as the Chief Resident in Dentistry. She joined Raphaelson Dental Associates as an associate dentist and

continued to expand upon her education by attending continuing education lectures and seminars. She maintains her private practice on the weekends while pursuing her passion for special care dentistry full time at Metro Community Health Centers. While at Metro Community Health Centers she has worked closely with New York University College of Dentistry in the development of their Oral Health Center for People with Disabilities which is anticipated to open in January 2019.



### RICHARD COHEN, PhD

Dr. Richard Cohen is a NYS Licensed Psychologist who has worked in the field of Developmental Disabilities for over 30 years. He currently is the Director of Behavioral Health for Metro Community Health Centers (an FQHC designed to assist individuals with developmental disabilities and their families). Prior to this, Dr. Cohen was the Chief of Mental Health for YAI/NIPD's Center for Specialty Therapy (Article 16 Clinic) and Primer HealthCare (Article 28 Clinic). Dr. Cohen has extensive experience as a Psychological Supervisor for both Residential and Day Services.

### DIANKAH ELIGON

Diankah Eligon is a NYS licensed Physical Therapist. She is a graduate of Long Island University-Brooklyn Campus receiving a Doctorate and Master's Degree in Physical Therapy. Diankah currently works for Cerebral Palsy Associations of NYS as the Physical Therapy Services Supervisor for the Day Programs, Clinics and Residences. She has extensive experience in custom wheelchair assessments and rehabilitation of people with intellectual disabilities. Services she has provided include Neuromuscular Rehabilitation, Geriatric and Orthopedic Rehabilitation, Orthotics, Wound Care Management, Staff Training and Development. Diankah has participated in Special Olympics as the lead trainer for a FIT training project for the NY Floor Hockey Team in January of 2017. She continues to treat and deliver professional quality care at CP of NYS and works closely with the Director of Rehab and other department heads to maximize quality and efficient patient care.

# Multi-Disciplinary Clinical Care for Patients with Intellectual and Developmental Disabilities (I/DD)

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## SPEAKERS

### ELIZABETH FOGLIA

Elizabeth A. Foglia, MA, CCC-SLP is a New York State licensed speech-language pathologist who has been providing skilled intervention to adults with developmental disabilities for the past 15 years. She also has experience providing therapy to children in the Early Intervention Program. Her specialties include Augmentative and Alternative Communication and Dysphagia. In addition, she has an interest in Dementia. Elizabeth graduated from the University at Buffalo, where she earned both her Bachelor's and Master's degrees. Currently, Elizabeth is an off-site clinical supervisor for Buffalo State College. She is placed at Aspire of WNY, where she serves individuals who attend an adult day program as well as outpatients (including typically developing adults and adults with developmental disabilities). Elizabeth taught the graduate AAC course at Buffalo State College for 2 years as an adjunct professor. She has completed Augmentative and Alternative Communication presentations at Buffalo Hearing and Speech Center and Dysphagia presentations at Developmental Disabilities Day (Niagara Falls Convention Center), Buffalo State College and Aspire of WNY.

### JESSICA HEBRANK MD

Jessica Hebrank, MD is board-certified in adult psychiatry and child and adolescent psychiatry. Dr. Hebrank is a partner of the Hudson Valley Psychiatric Associates and consults at various mental health centers in the Hudson Valley and Capital Region. Dr. Hebrank's client base is varied and spans the stages of development. Her area of interest is working with non-verbal children and adolescents that are diagnosed with Autism.



### MARIA KANSAS, MD

Dr. Maria Kansas is the Chief Medical Officer for the Center for Disability Services in Albany. She is a board-certified Family Physician since 1989 and specializes in care for individuals and families across the lifespan. She is passionate about caring for the whole person and helping individuals maximize their physical and mental health. Since 2014, Dr. Kansas has brought that passion to the Center for Disability Services, Center Health Care where she serves patients with and without disabilities. Dr. Kansas credits serving individuals with developmental disabilities with teaching her new skills in communication, observation and medical care. Dr. Kansas grew up in the Capital Region graduating from Bethlehem Central High School, Union College in Schenectady and Albany Medical College.



### VINCENT SIASOCO, MD

Dr. Vincent Siasoco is a board-certified Family Medicine physician and the Chief Medical Officer of the Metro Community Health Centers. He has extensive experience in working with patients with intellectual and developmental disabilities (I/DD) across the lifespan. He has previously served as Medical Director for other I/DD Article 28, Article 16 clinics, and long-term residential programs. He has been involved in all Article 28 clinics attaining NCQA Patient Centered Medical Home recognition and establishing and supervising clinical rotations at his clinics for medical students and residents to ensure future physicians gain experience in providing care to patients with disabilities. He's the Medical Director of the Alliance for Integrated Care of N.Y., the first Accountable Care Organization with a focus on patients with IDD. He's an appointed member of the Central Mortality Review committee for OPWDD (Office for People With Developmental Disabilities). He received his M.D. degree from the University of Santo Tomas in Manila, Philippines, completed his residency training at St. Clare's Hospital in Schenectady, N.Y., and obtained his M.B.A. degree from Adelphi University in Garden City, N.Y. and is a member of the business honor society, Beta Gamma Sigma.



# Multi-Disciplinary Clinical Care for Patients with Intellectual and Developmental Disabilities (I/DD)

November 16, 2018

## SESSIONS

7:30 – 8:30am

### CHECK-IN / CONTINENTAL BREAKFAST

8:30am – 4:00pm

### EXHIBIT VIEWING

*Please visit our conference exhibitors who are supporting this conference.*

8:30 – 8:45am

### WELCOME & OPENING REMARKS

**Maria Kansas, MD**, Chief Medical Officer, Center for Disability Services

**Vincent Siasoco, MD**, Chief Medical Officer, Metro Community Health Centers

8:45 – 9:30am

### KEYNOTE SESSION – SPECIAL OLYMPICS: HEALTHY ATHLETES

**Steven Perlman, DDS**, Global Clinical Director and Founder, Special Olympics Special Smiles

9:30 – 10:45am

### RECOGNIZING CO-OCCURRING CONDITIONS IN PEOPLE WITH I/DD

**Maria Kansas, MD**, Chief Medical Officer, Center for Disability Services

This session will provide an overview of atypical presentations of illness in persons with Developmental Disability. The session will also provide information on the recognition of the role of medications and side effects in differential diagnosis of medical illness and provide a discussion of specific risks related to common syndromes.

10:45 – 11:15am

### BREAK

11:15am – 12:30pm

### PANEL DISCUSSION ON DYSPHAGIA IN PEOPLE WITH I/DD

**Ruth Alejandro, MD**, Pediatric Physiatrist, Blythedale Children's Hospital

**Diankah Eligon**, Physical Therapy Supervisor, Metro Community Health Centers

**Elizabeth Foglia**, Speech-Language Pathologist, Aspire of Western NY

This session will provide an overview of dysphagia/swallowing difficulty in patients with I/DD. The session will provide a discussion of the interdisciplinary management of dysphagia and the roles of professionals involved along with the barriers to feeding therapy in this special population. Case studies related to individuals with dysphagia and developmental disabilities and/or dementia will be presented.

12:30 – 1:30pm

### NETWORKING & LUNCH *(will be provided)*

# Multi-Disciplinary Clinical Care for Patients with Intellectual and Developmental Disabilities (I/DD)

November 16, 2018

1:30 – 2:45pm

## BEHAVIORS, MEDICATIONS AND TEETH – OH MY!

**Rita Bilello, DDS**, Metro Dental Director, Metro Community Health Centers

This session will focus on the need for medical providers to be aware of the oral manifestations as well as oral complications related to treating patients with complex I/DD diagnoses. Dr. Bilello will look into some of the behaviors most commonly associated with both dental treatment and incidents of dental pain. Often patients with I/DD do not demonstrate dental symptoms in a typical fashion. The presenter will also investigate some of the more commonly utilized medications that impact a patient's oral health. Medications impact not only the physical condition of the mouth by affecting the tissues and function directly but they also impact a patient's ability to tolerate dental treatment. Finally, some of the challenges of providing dental treatment to the IDD/DD population will be discussed along with some strategies on how to overcome these both in the clinical and residential settings.

2:45 – 3:00pm

## BREAK

3:00 – 4:15pm

## RECOGNIZING MENTAL ILLNESS IN PATIENTS WITH DD FOR THE NON-PSYCHIATRIST

**Richard Cohen, PhD**, Director of Behavioral Health, Metro Community Health Centers  
**Jessica Hebrank, MD**, Psychiatrist, Center for Disability Services

Dr. Cohen and Dr. Hebrank will discuss the variable presentations of mental illness in persons with developmental disabilities. Attendees will be directed to useful data tracking methods that are free and readily available on the internet. These methods will assist with identifying symptoms prior to an individual's first appointment and also assist with tracking progress after a treatment is started.

4:15 – 4:30pm

## WRAP-UP & EVALUATIONS



# Multi-Disciplinary Clinical Care for Patients with Intellectual and Developmental Disabilities (I/DD)

November 16, 2018

## HOTEL RESERVATIONS:



EMBASSY SUITES®

Saratoga Springs

86 Congress Street, Saratoga Springs, NY 12866

**Room Rate:** \$149 (plus applicable taxes). *(Don't forget a tax-exempt form if applicable.)*

**Cut-Off Date:** Reservations must be made on or before **OCTOBER 29**.  
*After that time reservations will be accepted subject to availability at the prevailing rate.*

[CLICK HERE](#) to reserve a room at our special rate.



## DIRECTIONS:

**From the South:** Take the NYS Thruway (I-87 North) to Exit 24. Take the Adirondack Northway (I-87 North) to Exit 13N. Turn left off exit. In approximately 4 ½ miles, turn left onto Congress Street. Embassy Suites will be on the left.

**From the North:** Take Adirondack Northway (I-87 South) to Exit 13N. Take right at exit. In approximately 4 ½ miles, turn left onto Congress Street. Embassy Suites will be on the left.

**From the East:** Take the Massachusetts Turnpike West to NY Thruway. Take Exit B-1 (I-90 Bypass) to I-787 North for approximately 6 miles to Route 7 West for approximately 2 miles to Adirondack Northway (I-87). Take Exit 13N, turn left off exit. In approximately 4 ½ miles, turn left onto Congress Street. Embassy Suites will be on the left.

**From the West:** Take NYS Thruway (I-90 East) to Exit 24. Take Adirondack Northway (I-87 North) to Exit 13N. Turn left off exit. In approximately 4 ½ miles, turn left onto Congress Street. Embassy Suites will be on the left.



# Multi-Disciplinary Clinical Care for Patients with Intellectual and Developmental Disabilities (I/DD)

November 16, 2018

## GENERAL INFORMATION:

**WHEN:** November 16, 2018 – 7:30 a.m. to 4:30 p.m.

**WHERE:** Embassy Suites Hotel, 86 Congress Street, Saratoga Springs, NY

**COST:** Physicians, Dentists, Clinicians, Others: \$150  
Nurses, Medical & Dental Residents, Students: \$100  
of Healthcare Professionals

**REGISTER:** [Click HERE to register](#) *(you can pay by check or credit card)*

**DEADLINE:** The registration deadline is November 2. Registrations are being accepted online.

**SEATING IS LIMITED – REGISTER EARLY!**

### CANCELLATION POLICY:

After November 2, no refunds will be made. However, registrants may send someone else in their place.

### FOR YOUR COMFORT:

Please be aware that the temperature in meeting rooms can fluctuate; for your comfort, we recommend dressing in layers.

### PRESENTATIONS/HANDOUTS:

Presentations/Handouts will be posted by the close of business on November 19 on the CP of NYS website ([www.cpoofnys.org](http://www.cpoofnys.org)).

### QUESTIONS:

Conference questions may be directed to (518) 436-0178.