



## May

### Arthritis Awareness Month

Arthritis Foundation  
1330 West Peachtree Street, Suite 100  
Atlanta, GA 30309  
(800) 283-7800  
(404) 965-7595 Fax  
help@arthritis.org  
<http://www.arthritis.org>  
Materials available  
Contact: Carol Galbreath

### Better Hearing and Speech Month

American Speech-Language-Hearing  
Association  
2200 Research Boulevard  
Rockville, MD 20850  
(800) 498-2071  
(301) 296-5700  
(301) 296-8580 Fax  
bhsm@asha.org  
<http://www.asha.org/bhsm>  
Materials available  
Contact: None designated

### Global Employee Health and Fitness Month

National Association for Health and Fitness  
10 Kings Mill Court  
Albany, NY 12205-3632  
(518) 456-1058  
aerobic2@aol.com  
<http://www.physicalfitness.org> or  
<http://www.healthandfitnessmonth.co>  
Materials available  
Contact: Diane Hart

### Global Youth Traffic Safety Month

National Organizations for Youth Safety  
7371 Atlas Walk Way #109  
Gainesville, VA 20155  
(828) FOR-NOYS (367-6697)  
support@noys.org  
[http://www.noys.org/traffic\\_safet.aspx](http://www.noys.org/traffic_safet.aspx)  
Materials available  
Contact: None designated

### Healthy Vision Month

National Eye Institute  
National Institutes of Health  
Building 31, Room 6A32  
31 Center Drive  
Bethesda, MD 20892  
(301) 496-5248  
(301) 402-1065 Fax  
<http://www.nei.nih.gov/hvm/>  
Materials available  
Contact: Linda Huss

### Hepatitis Awareness Month

Division of Viral Hepatitis  
Centers for Disease Control and Prevention  
1600 Clifton Rd, G-37  
Atlanta, GA 30033  
(404) 718-8596 Voice  
dvhwi@cdc.gov  
<http://www.cdc.gov/hepatitis>  
Materials available  
Contact: None designated

### Melanoma/Skin Cancer Detection and Prevention Month®

American Academy of Dermatology  
930 East Woodfield Road  
Schaumburg, IL 60173  
(888) 462-DERM (3376)  
(847) 330-0230  
(847) 330-0050 Fax  
mediarelations@aad.org  
<http://www.aad.org/spot-skin-cancer>  
Materials available  
Contact: Jennifer Allyn



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**Mental Health Month**

Mental Health America  
2000 North Beauregard Street, 6th Floor  
Alexandria, VA 22311  
(800) 969-6642  
(703) 684-7722  
(703) 684-5968 Fax  
rbridge@mentalhealthamerica.net  
<http://www.mentalhealthamerica.net/go/may>  
Materials available  
Contact: None designated

**National Asthma and Allergy Awareness Month**

Asthma and Allergy Foundation of America  
8201 Corporate Drive, Suite 1000  
Landover, MD 20785  
(800) 7-ASTHMA (727-8462)  
(202) 466-7643  
(202) 466-8940 Fax  
info@aafa.org  
<http://www.aafa.org/display.cfm?ID=5&Sub=105&Cont=457>  
Materials available  
Contact: None designated

**National Celiac Disease Awareness Month**

American Celiac Disease Alliance  
2504 Duxbury Place  
Alexandria, VA 22308  
(703) 622-3331  
info@americanceliac.org  
<http://www.americanceliac.org>  
Materials available  
Contact: Andrea Levario

**National Mediterranean Diet Month**

Oldways and the Mediterranean Foods Alliance  
266 Beacon Street  
Boston, MA 02116  
(617) 421-5500  
(617) 421-5511 Fax  
hannah@oldwayspt.org  
<http://www.oldwayspt.org>  
Materials available  
Contact: Hannah Weisman

**National Osteoporosis Awareness and Prevention Month**

National Osteoporosis Foundation  
1150 17th Street NW, Suite 850  
Washington, DC 20036  
(800) 231-4222  
(202) 223-2226  
(202) 223-2237 Fax  
communications@nof.org  
<http://www.nof.org>  
Materials available  
Contact: Valerie Patmintra

**National Physical Fitness and Sports Month**

President's Council on Fitness, Sports and Nutrition  
Suite 560, Tower Bldg.  
1101 Wootton Parkway  
Rockville, MD 20852  
(240) 276-9567  
(240) 276-9860 Fax  
fitness@hhs.gov  
Websites: <http://www.fitness.gov> ,  
<http://www.presidentschallenge.org> and  
<http://www.adultfitnessstest.org>  
Materials available  
Contact: None designated



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**National Teen Pregnancy Prevention Month**

Advocates for Youth  
2000 M Street NW, Suite 750  
Washington, DC 20036  
(202) 419-3420  
(202) 419-1448 Fax  
<http://www.advocatesforyouth.org/topics-issues/teen-pregnancy-prevention/1304-tpp>  
Materials available  
Contact: None designated

**Preeclampsia Awareness Month**

Preeclampsia Foundation  
6767 N. Wickham Road, Suite 400  
Melbourne, FL 32940  
(800) 665-9341  
(321) 421-6957  
(321) 821-0450 Fax  
[eleni.tsigas@preeclampsia.org](mailto:eleni.tsigas@preeclampsia.org)  
<http://www.preeclampsia.org>  
Materials available  
Contact: Eleni Tsigas

**Ultraviolet Awareness Month**

Prevent Blindness  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(312) 363-6001  
(312) 363-6052 Fax  
[info@preventblindness.org](mailto:info@preventblindness.org)  
<http://www.preventblindness.org>  
Materials available  
Contact: PBA Vision Health Resource Center

**UV Safety Month**

Prevent Blindness  
211 West Wacker Drive, Suite 1700  
Chicago, IL 60606  
(800) 331-2020  
(312) 363-6001  
(312) 363-6052 Fax  
[info@preventblindness.org](mailto:info@preventblindness.org)  
<http://www.preventblindness.org>  
Materials available  
Contact: PBA Vision Health Resource Center

**4 – 10  
Children’s Mental Health Awareness Week**

National Federation of Families for Children’s  
Mental Health  
9605 Medical Center Drive, Suite 280  
Rockville, MD 20850  
(240) 403-1901  
(240) 403-1909  
[ffcmh@ffcmh.org](mailto:ffcmh@ffcmh.org)  
<http://www.ffcmh.org>  
Materials available  
Contact: Sandra A. Spencer

**4 – 10  
North American Occupational Safety and Health Week**

American Society of Safety Engineers  
ASSE Public Relations Department  
1800 East Oakton Street  
Des Plaines, IL 60018-2187  
(847) 699-2929  
(847) 768-3441  
(847) 296-3434 Fax  
[tstachura@asse.org](mailto:tstachura@asse.org)  
<http://www.asse.org/NAOSH>  
Materials available  
Contact: Trinity Stachura



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**5  
Hand Hygiene Day**

World Health Organization  
Avenue Appia 20  
1211 Geneva 27  
Switzerland  
savelives@who.int  
<http://www.who.int/gpsc/5may/en/>  
Materials available  
+ 41 22 791 21 11  
+ 41 22 791 31 11 Fax

**7  
National Bike to School Day**

National Center for Safe Routes to School  
730 Martin Luther King, Jr. Blvd, Suite 300  
Campus Box 3430  
Chapel Hill, NC 27599-3430  
(866) 610-SRTS (7787)  
info@walkbiketoschool.org  
<http://www.walkbiketoschool.org>  
Materials available  
Contact: Nancy Pullen-Seufert

**10  
Cornelia de Lange Syndrome  
Awareness Day**

CdLS Foundation  
302 West Main Street, #100  
Avon, CT 06001  
(800) 753-2357  
(860) 676-8166  
(860) 676-8337 Fax  
info@cdlsusa.org  
<http://www.cdlsusa.org>  
Materials available  
Contact: Marie Malloy

**11 – 17  
Food Allergy Awareness Week**

Food Allergy Research & Education  
7925 Jones Branch Dr., Suite 1100  
McLean, VA 22102  
(800) 929-4040  
(703) 691-2713 Fax  
<http://www.foodallergy.org/food-allergy-awareness-week>  
Materials available  
Contact: None designated

**11 – 17  
National Women's Health Week**

Office on Women's Health  
U.S. Department of Health and Human  
Services  
200 Independence Avenue SW, Room 712E  
Washington, DC 20201  
(800) 994-9662  
(202) 260-6437 Fax  
<http://www.womenshealth.gov>  
Materials available online  
Contact: Elizabeth Osborne

**12  
National Women's Check-up Day**

Office on Women's Health  
U.S. Department of Health and Human  
Services  
200 Independence Avenue SW, Room 712 E  
Washington, DC 20201  
(800) 994-9662  
(202) 260-6537  
<http://www.womenshealth.gov>  
Materials available online  
Contact: Elizabeth Osbourne



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**12 – 16**

**National Alcohol- and Other Drug-Related Birth Defects Awareness Week**

National Council on Alcoholism and Drug Dependence, Inc.  
217 Broadway, Suite 712  
New York, NY 10007  
(800) NCA-CALL (622-2255) (24-hour helpline)  
(212) 269-7797  
(212) 269-7510 Fax  
national@ncadd.org  
<http://www.ncadd.org>  
Materials available  
Contact: None designated

**12 – 16**

**National Neuropathy Awareness Week**

The Neuropathy Association  
60 East 42nd Street, Suite 942  
New York, NY 10165  
(212) 692-0662  
(212) 692-0668 Fax  
info@neuropathy.org  
<http://www.neuropathy.org>  
Materials available  
Contact: Paul Guidos

**12 – 18**

**National Stuttering Awareness Week**

Stuttering Foundation of America  
1805 Moriah Woods Boulevard, #3  
Memphis, TN 38117  
(800) 992-9392  
(800) 967-7700  
(901) 761-0484 Fax  
info@stutteringhelp.org  
<http://www.stutteringhelp.org>  
Materials available  
Contact: Jane Fraser

**18**

**HIV Vaccine Awareness Day**

National Institute of Allergy and Infectious Diseases  
Office of Communications and Government Relations  
31 Center Drive  
Bethesda, MD 20892  
(301) 451-2278  
kathy.stover@niaid.nih.gov  
<http://www.niaid.nih.gov/news/newsreleases>  
Contact: Kathy Stover

**19**

**National Asian and Pacific Islander HIV/AIDS Awareness Day**

The Banyan Tree Project  
Asian & Pacific Islander Wellness Center  
730 Polk Street, 4th Floor  
San Francisco, CA 94109  
(415) 292-3420 x352  
(415) 292-3404 Fax  
sapna@apiwellness.org  
<http://www.banyantreeproject.org>  
Materials available  
Contact: Sapna Mysoor

**19 – 25**

**Recreational Water Illness and Injury Prevention Week**

Waterborne Disease Prevention Branch  
Division of Foodborne, Waterborne, and Environmental Diseases  
National Center for Emerging and Zoonotic Infectious Diseases  
Centers for Disease Control and Prevention  
1600 Clifton Road  
Atlanta, GA 30333  
(404) 639-1700  
(404) 718-4842 Fax  
healthyswimming@cdc.gov  
<http://www.cdc.gov/healthywater/swimming/rwi/rwi-prevention-week/>  
Materials available  
Contact: None designated





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**20**  
**World Autoimmune Arthritis Day**

The International Foundation for Autoimmune Arthritis  
4055 W. 138th Street  
Hawthorne, CA 90049  
(877) 609-4226  
tiffany@ifautoimmunearthritis.org  
Event Coordinator  
tami@ifautoimmunearthritis.org  
Nonprofit Coordinator  
<http://www.worldautoimmunearthritisday.org>  
Materials available  
Contact: Tiffany Westrich and Tami Brown

**23**  
**Heat Safety Awareness Day**

National Oceanic and Atmospheric Administration  
National Weather Service  
Office of Climate, Water, and Weather Services  
1325 East-West Highway, Station 160  
Silver Spring, MD 20910  
(301) 713-1867 x135  
deborah.jones@noaa.gov  
<http://www.weather.gov/om/heat/index.shtml>  
Contact: Deborah Jones

**25 – 31**  
**National Hurricane Preparedness Week**

National Oceanic and Atmospheric Administration  
National Weather Service  
Office of Climate, Water, and Weather Services  
1325 East-West Highway, Station 126  
Silver Spring, MD 20910  
(301) 713-1677 x122  
deborah.jones@noaa.gov  
<http://www.nhc.noaa.gov>  
Materials available  
Contact: Deborah Jones

**28**  
**National Senior Health & Fitness Day®**

Health Information Resource Center  
328 West Lincoln Avenue  
Libertyville, IL 60048  
(800) 828-8225  
info@fitnessda.com  
<http://www.fitnessda.com>  
Materials available  
Contact: Gary W. Ford

**31**  
**World No Tobacco Day**

WHO Tobacco Free Initiative  
Noncommunicable Diseases and Mental Health  
20 Avenue Appia  
1211 Geneva 27  
Switzerland  
+ 41 22 791 4426  
+ 41 22 791 4832 Fax  
tfi@who.in  
<http://www.who.int/tobacco/wntd/en>  
Materials available  
Contact: None designated