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Open Door Family Medical Center Awarded \$50,000 "Innovations in Community Health" Grant by the CVS Caremark Charitable Trust in Partnership with the National Association of Community Health Centers

Grant continues the "Innovations in Community Health" program, a multi-year initiative to help people nationwide manage and prevent chronic diseases

(Ossining, New York – April 7, 2014) – Open Door Family Medical Center (<u>Open Door</u>) has received an "Innovations in Community Health" grant from the <u>CVS Caremark Charitable Trust</u>, a private foundation created by CVS Caremark Corporation in partnership with the <u>National Association of Community Health Centers</u> (NACHC). The \$50,000 grant has been awarded to Open Door as part of the CVS Caremark Charitable Trust's commitment to help support community health and expand access to quality health care.

The "Innovations in Community Health" grant will help Open Door support primary and behavioral health care integration with a focus on improving depression in chronic disease patients and decreasing excessive medical visits. Licensed "Behavioral Health Integration Specialists" will consult with patients on the medical units, intervene using evidence-based approaches and tools. By proactively addressing both physical and behavioral health needs, Open Door is able to improve health outcomes for those living with chronic diseases such as asthma, diabetes, hypertension and depression.

Over the past two years the "Innovations in Community Health" grants, which total more than \$2 million, have been awarded to community health centers nationwide to support the development of innovative, community-based programs and initiatives that focus on the treatment and management of chronic illnesses, specifically heart disease, diabetes, hypertension and asthma.

"Chronic diseases are the leading cause of death and disability in the United States and we are honored to receive an 'Innovations in Community Health' grant from the CVS Caremark Charitable Trust to help us produce better health outcomes for our patients," said Lindsay C. Farrell, President & CEO of Open Door. "This support helps us to continue our mission to build a healthier community."

The "Innovations in Community Health" grants are part of the CVS Caremark Charitable Trust's \$5 million commitment to expanding access to quality health care nationwide through partnerships with <u>NACHC</u>, the <u>National</u> <u>Association of Free & Charitable Clinics</u> (NAFC) and the <u>School-Based Health Alliance</u>.

"Through our partnership with NACHC, we are providing much-needed funding to support affordable communitybased health care models that are producing innovative programming in the area of chronic disease management," said Eileen Howard Boone, President, CVS Caremark Charitable Trust. "We are honored to recognize Open Door Family Medical Center and their work to help people manage their chronic disease and improve health outcomes."

While changes in our health care system qualify millions of more people for health coverage, it's still a challenge for many to find quality care that could help manage – even prevent – many chronic diseases. More than half of Americans suffer from one or more chronic diseases every year and chronic diseases are the leading causes of death and disability in the United States.

About Open Door Family Medical Center, Inc.

Open Door, winner of the 2012 New York Nonprofit Excellence Award, has received the highest Recognition as a Patient-Centered Medical Home[™] (PPC-PCMH[™]) from the National Committee for Quality Assurance (NCQA). This ranking distinguishes them from medical practices across the nation as less than 12% are presently eligible to achieve this advanced standing. For more than 40 years, the federally gualified community health center has served a multi-cultural community and has provided top quality medical, dental care and social services to the Westchester community, particularly the economically disadvantaged. Open Door has four centers in Westchester located in Ossining, Port Chester, Mt. Kisco and Sleepy Hollow. In addition, Open Door operates five school-based health centers in Port Chester at The Edison Elementary School, Park Avenue School, the John F. Kennedy Elementary School, Port Chester Middle School and Port Chester High School. In 2013, 49,470 patients were treated at Open Door, making 210,615 patient visits. In the same year, 15,235 youth, 19 years-old and under, were treated. In 2012 Open Door, with partners New York Medical College and Phelps Memorial Hospital Center, launched the NYMC Phelps Family Medicine Residency Program along with a Dental Residency Program. The Family Medicine Residency is the first accredited family medicine residency to be established in New York State since 1995. In February 2013 Open Door opened an office in Brewster, NY, the first community health center in Putnam County. Funding for Open Door Family Medical Centers comes from local, state and federal grants as well as private foundations and individuals. For more information about Open Door visit http://opendoormedical.org

About CVS Caremark

CVS Caremark is dedicated to helping people on their path to better health as the largest integrated pharmacy company in the United States. Through the company's more than 7,600 CVS/pharmacy stores; its leading pharmacy benefit manager serving more than 60 million plan members; and its retail health clinic system, the largest in the nation with more than 800 MinuteClinic locations, it is a market leader in mail order, retail and specialty pharmacy, retail clinics, and Medicare Part D Prescription Drug Plans. As a pharmacy innovation company with an unmatched breadth of capabilities, CVS Caremark continually strives to improve health and lower costs by developing new approaches such as its unique Pharmacy Advisor program that helps people with chronic diseases such as diabetes obtain and stay on their medications. Find more information about how CVS Caremark is reinventing pharmacy for better health at <u>info.cvscaremark.com</u>.

About the National Association of Community Health Centers

The National Association of Community Health Centers (NACHC) was founded in 1971. Its mission is to promote the provision of high quality, comprehensive and affordable health care that is coordinated, culturally and linguistically competent, and community directed for all medically underserved populations. For more information on the National Association of Community Health Centers, please visit <u>http://www.nachc.com/</u>.

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