

# **NYPATH**

## **(New York Promoting and Advancing Teen Health)**

### **Training Event Announcement**

**NYPATH (New York Promoting and Advancing Teen Health)**, is an exciting new initiative for healthcare providers who serve adolescents in primary and specialty care settings throughout New York State (NYS). The project represents a unique partnership between the Columbia University Heilbrunn Department of Population & Family Health (HDPFH), Physicians for Reproductive Choice & Health (PRCH), the New York State Department of Health (NYSDOH), the ACT for Youth Center of Excellence (COE), and other adolescent medicine experts. The purpose of the project is to increase clinician capacity to provide high quality sexual and reproductive healthcare (SRH), and other preventive healthcare services to adolescents. This will be accomplished by developing web-based and in-person training programs. The website will deliver a series of interactive modules from the PRCH Adolescent Reproductive & Sexual Health Education Project (ARSHEP) training curriculum. The website will also offer tools, reference materials, newsletters, and links to other key adolescent resources on the internet.

NYPATH is planning kick-off training events in several regions throughout NYS. The kickoff events are designed to inform providers about resources available through NYPATH, and to provide clinical training focused on recent innovations in providing adolescent-friendly, patient-centered reproductive health services. HDPFH and PRCH have collaborated to design training module to be presented at the kick-offs, entitled: "The Time is Now: Providing Adolescent-Friendly Sexual and Reproductive Healthcare".

The module provides an overview of healthcare delivery strategies which can facilitate the provision of patient-centered sexual and reproductive healthcare to adolescents. Strategies discussed include: pregnancy testing upon request, Quick Start contraceptive initiation, emergency contraception when needed and in advance of need, providing pelvic exams as needed but not as a condition for contraceptive initiation, providing LARCS (long-acting reversible contraceptives) to adolescents, dispensing multiple cycles of hormonal contraception, dual method use, STI/HIV testing and treatment, and expedited partner therapy for Chlamydia.

In addition, NYPATH is available to provide topic specific adolescent and sexual reproductive health training throughout New York State based on identified need. Examples of possible topics include: STI Overview, Contraceptive Updates, Sexual History Taking, and Quick Start Overview. We are available to help design other training programs as needed.

The NYPATH team is in the process of identifying medical providers and other collaborators who might be interested in co-hosting these events. We are interested in finding sites that are centrally located to allow providers from several surrounding counties to attend. For further information, contact Judy Lipshutz, MSW, RN at [jl545@columbia.edu](mailto:jl545@columbia.edu) or 212-304-5237.

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