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2010



An Epidemic Among Latinos:

How to Improve Outcomes in Patients with Diabetes



March 2010 – June 2010

A symposium designed for primary care physicians treating diabetic patients, with added emphasis on Latinos



Sponsored by

UT SOUTHWESTERN
MEDICAL CENTER

An Epidemic Among Latinos: How to Improve Outcomes in Patients with Diabetes

2010

Dear Colleagues,

I would like to extend to you a personal invitation to attend one of the most important CME activities with which I have had the opportunity to be affiliated. The name of this activity is *An Epidemic Among Latinos: How to Improve Outcomes in Patients with Diabetes*. The need for this education comes from the rapidly growing Latino population and the increasing prevalence of the disease among Latinos, as well as the general population of the United States – it is an epidemic of a very high magnitude. To this end, we have designed this activity to address the needs of primary care practitioners with significant numbers of Latino patients in their practice. However, all primary care practitioners will find this activity beneficial and we welcome you to attend.

The University of Texas Southwestern Medical Center is the sponsor for *An Epidemic Among Latinos: How to Improve Outcomes in Patients with Diabetes*. We have speakers that are dedicated and at the forefront of clinical and academic thinking in diabetes treatment, from UT Southwestern, as well as other prestigious academic medical centers. To enhance your learning experience, and to make it more enjoyable, we have designed the activity to be highly interactive by use of an audience response system.

We have chosen six ideal conference locations for this activity. Three of the locations are in major metropolitan areas – New York, Chicago, and Los Angeles. The other three locations are in second-tier metropolitan areas in Texas – El Paso, Fort Worth, and Padre Island. You are welcome to attend any one of the offerings, no matter where you reside.

We are positive you will enjoy and benefit from the format we have chosen for this offering, and I sincerely hope you will attend. We appreciate your continued concern and dedication to treating patients with diabetes. I look forward to seeing you at the activity. This activity is supported by a grant from Novo Nordisk, and we are appreciative for this assistance.

Jaime Davidson, MD, FACP, FACE – Course Director
Clinical Professor of Internal Medicine
University of Texas Southwestern Medical Center
Dallas, Texas

Faculty



An Epidemic Among Latinos: How to Improve Outcomes in Patients with Diabetes

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Objectives & Accreditation



An Epidemic Among Latinos: How to Improve Outcomes in Patients with Diabetes

At the conclusion of this educational symposium, the participants should be able to:

- Recognize the epidemiology of diabetes in the United States and the state of Texas with emphasis on the Latin American population
- Review and describe the deficiencies of current therapies in addressing the pathophysiology of Type 2 diabetes
- Differentiate various therapy alternatives for treating Type 2 diabetes, based on pathophysiology
- Identify opportunities to improve treatment for Latin American diabetes patients by better understanding cultural differences.

ACCREDITATION

The University of Texas Southwestern Medical Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT DESIGNATION

The University of Texas Southwestern Medical Center designates this educational activity for a maximum of 4.75 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

CONFLICT OF INTEREST

It is UT Southwestern's policy that participants in CME activities should be made aware of any affiliation or financial interest that may affect the speaker's presentation(s). Each speaker has completed and signed a conflict of interest statement. The faculty members' relationships will be disclosed in the course materials.

DISCUSSION OF OFF-LABEL USE

Because this course is meant to educate physicians with what is currently in use and what may be available in the future, there may be "off-label" use discussed in the presentations. Speakers have been requested to inform the audience when off-label use is being discussed.

Agenda



An Epidemic Among Latinos: How to Improve Outcomes in Patients with Diabetes

- 7:30 AM **Registration and Breakfast**
- 8:00 AM Welcome and Introduction
- 8:05 AM Introduction of Case Study #1
Question and Answer (Outcomes Questions)
- 8:30 AM Epidemiology and Etiology of Diabetes in the U.S.
- 8:45 AM The Evolving Pathophysiology of Diabetes: What You Thought You Knew
- 9:15 AM Question and Answer
- 9:25 AM Glucose Control - Early Intervention, and Managing to Goal
- 9:55 AM Emerging Therapies and Treatment Options
- 10:25 AM Question and Answer
- 10:35 AM **Break**
- 10:50 AM Introduction of Case Study #2
Question and Answer (Outcomes Questions)
- 11:20 AM Improving Attitudes in Physician/Patient Relationship with the Latino Population
- 11:50 AM Question and Answer
- 12:00 PM Timely Insulinization in Type 2 Diabetes
- 12:30 PM Question and Answer
- 12:40 PM Conclusions from Case Studies
- 12:55 PM Question and Answer
- 1:00 PM **Adjourn**

Dates & Locations



An Epidemic Among Latinos: How to Improve Outcomes in Patients with Diabetes

March 27, 2010 - El Paso, Texas

Wyndham El Paso Airport Hotel

2027 Airway Boulevard • El Paso, Texas 79925

Local Reservations: (915) 778 4241 • Toll Free: (877) 999 3223

Rate: \$89.90 (Standard Single/Double)

The Wyndham El Paso Airport Hotel is offering guest rooms for the rate listed above (based on availability). To be eligible for the group rate listed above, please identify yourself as a participant of UT Southwestern's Diabetes Symposium. Complimentary parking is available.

April 17, 2010 - Los Angeles, California

Millennium Biltmore Hotel

506 South Grand Avenue • Los Angeles, CA 90071-2607

Local Reservations: (213) 624 1011 • Toll Free: (800) 245 8673

Rate: \$179.00

The Millennium Biltmore Hotel is offering guest rooms for the rate listed above (based on availability). Complimentary valet parking is available (based on availability). To be eligible for the group rate listed above and complimentary valet, please identify yourself as a participant of UT Southwestern's Diabetes Symposium.

April 30, 2010 - Fort Worth, Texas

Fort Worth Convention Center

1201 Houston Street, Room 204AB, Level 2 • Fort Worth, TX 76102

For room block information, please visit www.texmed2010.org (under the Housing and Travel tab). *Please note: Special venue - Fort Worth meeting to be held in conjunction with TexMed. Please register by April 9, 2010.

May 8, 2010 - Chicago, Illinois

Hotel Sax Chicago

333 N Dearborn Street • Chicago, IL 60654

Local Reservations: (312) 245 0333 • Toll Free: (877) 569 3742

Rate: \$169.00

The Hotel Sax Chicago is offering guest rooms for the rate listed above (based on availability). Complimentary valet parking is available (based on availability). To be eligible for the group rate listed above and complimentary valet, please identify yourself as a participant of UT Southwestern's Diabetes Symposium.

June 5, 2010 - New York, New York

Millennium Broadway Hotel New York

145 West 44th Street • New York, NY 10036-4012

Local Reservations: (212) 768 4400 • Toll Free: (866) 866 8086

Rate: \$199.00

The Millennium Broadway Hotel is offering guest rooms for the rate listed above (based on availability). Complimentary valet parking is available (based on availability). To be eligible for the group rate listed above and complimentary valet, please identify yourself as a participant of UT Southwestern's Diabetes Symposium.

June 12, 2010 - South Padre, Texas

Sheraton South Padre Island Hotel

310 Padre Blvd • South Padre Island, TX 78597

Local Reservations: (956) 761 6551 • Toll Free: (800) 222 4010

Rate: \$199.00

The Sheraton South Padre Island Hotel is offering guest rooms for the rate listed above (based on availability). To be eligible for the group rate listed above, please identify yourself as a participant of UT Southwestern's Diabetes Symposium. Complimentary parking is available.

Registration Form

Register early – Space is Limited



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Registration is Complimentary. However, a completed registration form is required. Enrollment is confirmed upon receipt of registration form. Fax completed registration form to: (214) 648-2317.

Mail completed registration form to: 5323 Harry Hines Blvd. / Dallas, Texas 75390-9059

Or register online at: <http://www.utsouthwestern.edu/diabetesCME>

For additional information please email the Office of Continuing Medical Education at: cmeregistrations@utsouthwestern.edu or call (800) 688-8678 or (214) 648-2166.

- (Please select your city)
- March 27, 2010 – El Paso, Texas #NP0911A
 - April 17, 2010 – Los Angeles, California #NP0911B
 - April 30, 2010 – Fort Worth, Texas #NP0911C
 - May 8, 2010 – Chicago, Illinois #NP0911D
 - June 5, 2010 – New York, New York #NP0911E
 - June 12, 2010 – S. Padre Island, Texas #NP0911F

(Please PRINT clearly)

Name _____

Address _____

City _____ State _____ Zip Code _____

Last Four Digits of SS# _____ UT Southwestern Alumni

Business Phone _____ Fax _____

Degree _____ Specialty _____

E-mail Address _____

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ADA Statement

Please check this box if you require assistance because of a disability to make this program accessible to you. Someone from our office will be in touch with you.

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Supported by an educational grant from Novo Nordisk Inc.